

CMS-037 and 038 The Enneagram Test

In 2007 we introduced the Enneagram, among other personality study systems, and transitioned into an introduction of the Personality Types and the Happiness Attainment Motivators (HAM's).

In our current study, after this Introductory Review of the notes from the 2007 study, we will expand our look at the HAM's to develop a Continuum of Morality and Immorality for the Human Nature we have inherited from our initial predecessor, Adam.

This Morality-Immorality Continuum will help us understand our Human Nature (aka, "The Old Sin Nature") to differentiate the Human approach to life and the New Birth Spiritual approach.

Romans 8:6 (AMP)

Now the mind of the flesh is death. But the mind of the Spirit is life and peace.

NOTE:

It is imperative to be aware that the Enneagram, as well as all other psychological or philosophical systems are Man's Attempt to Understand Man, and are not God's Viewpoint of Man and his problems, nor God's Prescription for those problems -- we study them only to find their descriptions of Man's problems, not their prescriptions for solving those problems -- the solutions they offer are "the mind of the flesh."

In studying these systems we are NOT endorsing them in any way. only using them as a starting point, as a commonly available source of terminology to describe Man and his problems, in order to transition to God's Viewpoint and Solution to the Human Nature Dilemma.

Ephesians 4:18 (Corrected)

Their moral understanding is darkened and their reasoning is beclouded. [They are] self-banished from the life of God because of the willful blindness that is deep-seated in them, due to their hardness of heart.

It is this condition of "*their moral understanding is darkened and their reasoning is beclouded*" that the Enneagram, and the other systems we have studied and will study, have described so well. Ironically, after describing man's problems so well, they are still "*self-banished from the life of God because of the willful blindness that is deep-seated in them, due to their hardness of heart*", looking for Human Solutions rather than to God's provision of a New Life.

Romans 6:13 (AMP) Do not continue offering or yielding your bodily members to sin as instruments of wickedness. But offer and yield yourselves to God as though you have been raised from the dead to life, and your bodily members to God, presenting them as implements of righteousness.

This week we will review The Enneagram Test, seeing several one statement descriptions for each of the Enneagram Types.

During our presentation mark each statement that "generally" applies to you and use another mark for those that are your "sometimes" approach.

This test is from The Essential Enneagram by David Daniels, M.D. and Virginia Pierce, Ph.D.

Section A.

_____ I approach things in an all-or-nothing way, especially issues that matter to me.

_____ I place a lot of value on being strong, honest, and dependable.

_____ What you see is what you get.

_____ I don't trust others until they have proven themselves to be reliable.

_____ I like people to be direct with me, and I know when someone is being devious, lying, or trying to manipulate me.

_____ I have a hard time tolerating weakness in people, unless I understand the reason for their weakness or I see that they're trying to do something about it.

A.

_____ I also have a hard time following orders or direction if I do not respect or agree with the person in authority.

_____ I am much better at taking charge myself.

_____ I find it difficult not to display my feelings when I am angry.

_____ I am always ready to stick up for friends or loved ones, especially if I think they are being treated unjustly.

_____ I may not win every battle with others, but they'll know I've been there.

B.

_____ I have high internal standards for correctness, and I expect myself to live up to those standards.

_____ It's easy for me to see what's wrong with things as they are and to see how they could be improved.

_____ I may come across to some people as overly critical or demanding perfection, but it's hard for me to ignore or accept things that are not done the right way.

_____ I pride myself on the fact that if I'm responsible for doing something, you can be sure I'll do it right.

_____ I sometimes have feelings of resentment when people don't try to do things properly or when people act irresponsibly or unfairly, although I usually try not to show it to them openly.

_____ For me, it is usually work before pleasure, and I suppress my desires as necessary to get the work done.

C.

_____ I seem to be able to see all points of view pretty easily.

_____ I may even appear indecisive at times because I can see advantages and disadvantages on all sides.

_____ The ability to see all sides makes me good at helping people resolve their differences.

_____ This same ability can sometimes lead me to be more aware of other people's positions, agendas, and personal priorities than of my own.

_____ It is not unusual for me to become distracted and then to get off task on the important things I'm trying to do.

C. (continued)

_____ When that happens, my attention is often diverted to unimportant trivial tasks.

_____ I have a hard time knowing what is really important to me, and I avoid conflict by going along with what others want.

_____ People tend to consider me to be easygoing, pleasing, and agreeable.

_____ It takes a lot to get me to the point of showing my anger directly at someone.

_____ I like life to be comfortable, harmonious, and others to be accepting of me.

D.

_____ I am sensitive to other people's feelings.

_____ I can see what they need, even when I don't know them.

_____ Sometimes it's frustrating to be so aware of people's needs, especially their pain or unhappiness, because I'm not able to do as much for them as I'd like to.

_____ It's easy for me to give of myself.

D. (continued)

_____ I like to be seen as a warmhearted and good person, but when I'm not taken into account or appreciated I can become very emotional or even demanding.

_____ Good relationships mean a great deal to me, and I'm willing to work hard to make them happen.

_____ I sometimes wish I were better at saying no, because I end up putting more energy into caring for others than into taking care of myself.

_____ It hurts my feelings if people think I'm trying to manipulate or control them when all I'm trying to do is understand and help them.

E.

_____ Being the best at what I do is a strong motivator for me, and I have received a lot of recognition over the years for my accomplishments.

_____ I get a lot done and am successful in almost everything I take on.

_____ I identify strongly with what I do, because to a large degree I think your value is based on what you accomplish and the recognition you get for it.

_____ I always have more to do than will fit into the time available, so I often set aside feelings and self-reflection in order to get things done.

_____ Because there's always something to do, I find it hard to just sit and do nothing.

_____ I get impatient with people who don't use my time well.

_____ Sometimes I would rather just take over a project someone is completing too slowly.

_____ I like to feel and appear "on top" of any situation.

_____ While I like to compete, I am also a good team player.

F.

_____ I would characterize myself as a quiet, analytical person who needs more time alone than most people do.

_____ I usually prefer to observe what is going on rather than be involved in the middle of it.

_____ I don't like people to place too many demands on me or to expect me to know and report what I am feeling.

_____ I'm able to get in touch with my feelings better when alone than with others, and I often enjoy experiences I've had more when reliving them than when actually going through them.

_____ I'm almost never bored when alone, because I have an active mental life.

_____ It is important for me to protect my time and energy and, hence, to live a simple, uncomplicated life and be as self-sufficient as possible.

G.

_____ I have a vivid imagination, especially when it comes to what might be threatening to safety and security I can usually spot what could be dangerous or harmful and may experience as much fear as if it were really happening.

_____ I either always avoid danger or always challenge it head-on.

_____ My imagination also leads to my ingenuity and a good, if somewhat offbeat, sense of humor.

_____ I would like for life to be more certain, but in general I seem to doubt the people and things around me.

_____ I can usually see the shortcomings in the view someone is putting forward.

G. (continued)

_____ I suppose that, as a consequence, some people may consider me to be very astute.

_____ I tend to be suspicious of authority and am not particularly comfortable being seen as the authority.

_____ Because I can see what is wrong with the generally held view of things, I tend to identify with underdog causes.

_____ Once I have committed myself to a person or cause, I am very loyal to it.

H.

_____ I am an optimistic person who enjoys coming up with new and interesting things to do.

_____ I have a very active mind that quickly moves back and forth between different ideas.

_____ I like to get a global picture of how all these ideas fit together, and I get excited when I can connect concepts that initially don't appear to be related.

_____ I like to work on things that interest me, and I have a lot of energy to devote to them.

_____ I have a hard time sticking with unrewarding and repetitive tasks.

_____ I like to be in on the beginning of a project, during the planning phase, when there may be many interesting options to consider.

_____ When I have exhausted my interest in something, it is difficult for me to stay with it, because I want to move on to the next thing that has captured my interest.

_____ If something gets me down, I prefer to shift my attention to more pleasant ideas.

_____ I believe people are entitled to an enjoyable life.

I.

_____ I am a sensitive person with intense feelings.

_____ I often feel misunderstood and lonely, because I feel different from everyone else.

_____ My behavior can appear like drama to others, and I have been criticized for being overly sensitive and overamplifying my feelings.

_____ What is really going on inside is my longing for both emotional connection and a deeply felt experience of relationship.

_____ I have difficulty fully appreciating present relationships because of my tendency to want what I can't have and to disdain what I do have.

_____ The search for emotional connection has been with me all my life, and the absence of emotional connection has led to melancholy and depression.

_____ I sometimes wonder why other people seem to have more than I do-better relationships and happier lives.

_____ I have a refined sense of aesthetics, and I experience a rich world of emotions and meaning.

Discussion of The Enneagram Test

A. (The 8)

1. I approach things in an all-or-nothing way, especially issues that matter to me.
2. I place a lot of value on being strong, honest, and dependable.
3. What you see is what you get.
4. I don't trust others until they have proven themselves to be reliable.
5. I like people to be direct with me, and I know when someone is being devious, lying, or trying to manipulate me.
6. I have a hard time tolerating weakness in people, unless I understand the reason for their weakness or I see that they're trying to do something about it.
7. I also have a hard time following orders or direction if I do not respect or agree with the person in authority.
8. I am much better at taking charge myself.
9. I find it difficult not to display my feelings when I am angry.
10. I am always ready to stick up for friends or loved ones, especially if I think they are being treated unjustly.
11. I may not win every battle with others, but they'll know I've been there.

_____ out of 11

B. (The 1)

12. I have high internal standards for correctness, and I expect myself to live up to those standards.

13. It's easy for me to see what's wrong with things as they are and to see how they could be improved.

14. I may come across to some people as overly critical or demanding perfection, but it's hard for me to ignore or accept things that are not done the right way.

15. I pride myself on the fact that if I'm responsible for doing something, you can be sure I'll do it right.

16. I sometimes have feelings of resentment when people don't try to do things properly or when people act irresponsibly or unfairly, although I usually try not to show it to them openly.

17. For me, it is usually work before pleasure, and I suppress my desires as necessary to get the work done.

_____ out of 6

C. (The 9)

18. I seem to be able to see all points of view pretty easily.

19. I may even appear indecisive at times because I can see advantages and disadvantages on all sides.

20. The ability to see all sides makes me good at helping people resolve their differences.

21. This same ability can sometimes lead me to be more aware of other people's positions, agendas, and personal priorities than of my own.

22. It is not unusual for me to become distracted and then to get off task on the important things I'm trying to do.

23. When that happens, my attention is often diverted to unimportant trivial tasks.

24. I have a hard time knowing what is really important to me, and I avoid conflict by going along with what others want.

25. People tend to consider me to be easygoing, pleasing, and agreeable.

26. It takes a lot to get me to the point of showing my anger directly at someone.

27. I like life to be comfortable, harmonious, and others to be accepting of me.

_____ out of 10

D. (The 2)

28. I am sensitive to other people's feelings.

29. I can see what they need, even when I don't know them.

30. Sometimes it's frustrating to be so aware of people's needs, especially their pain or unhappiness, because I'm not able to do as much for them as I'd like to.

31. It's easy for me to give of myself.

32. I sometimes wish I were better at saying no, because I end up putting more energy into caring for others than into taking care of myself.

33. It hurts my feelings if people think I'm trying to manipulate or control them when all I'm trying to do is understand and help them.

34. I like to be seen as a warmhearted and good person, but when I'm not taken into account or appreciated I can become very emotional or even demanding.

35. Good relationships mean a great deal to me, and I'm willing to work hard to make them happen.

_____ out of 8.

E. (The 3)

36. Being the best at what I do is a strong motivator for me, and I have received a lot of recognition over the years for my accomplishments.

37. I get a lot done and am successful in almost everything I take on.

38. I identify strongly with what I do, because to a large degree I think your value is based on what you accomplish and the recognition you get for it.

39. I always have more to do than will fit into the time available, so I often set aside feelings and self-reflection in order to get things done.

40. Because there's always something to do, I find it hard to just sit and do nothing.

41. I get impatient with people who don't use my time well.

42. Sometimes I would rather just take over a project someone is completing too slowly.

43. I like to feel and appear "on top" of any situation.

44. While I like to compete, I am also a good team player.

_____ out of 9.

F. (The 5)

45. I would characterize myself as a quiet, analytical person who needs more time alone than most people do.

46. I usually prefer to observe what is going on rather than be involved in the middle of it.

47. I don't like people to place too many demands on me or to expect me to know and report what I am feeling.

The Enneagram Test

F. (continued)

48. I'm able to get in touch with my feelings better when alone than with others, and I often enjoy experiences I've had more when reliving them than when actually going through them.

49. I'm almost never bored when alone, because I have an active mental life.

50. It is important for me to protect my time and energy and, hence, to live a simple, uncomplicated life and be as self-sufficient as possible.

_____ out of 6.

G. (The 6)

51. I have a vivid imagination, especially when it comes to what might be threatening to safety and security I can usually spot what could be dangerous or harmful and may experience as much fear as if it were really happening.

52. I either always avoid danger or always challenge it head-on.

53. My imagination also leads to my ingenuity and a good, if somewhat offbeat, sense of humor.

54. I would like for life to be more certain, but in general I seem to doubt the people and things around me.

55. I can usually see the shortcomings in the view someone is putting forward.

56. I suppose that, as a consequence, some people may consider me to be very astute.

57. I tend to be suspicious of authority and am not particularly comfortable being seen as the authority.

58. Because I can see what is wrong with the generally held view of things, I tend to identify with underdog causes.

59. Once I have committed myself to a person or cause, I am very loyal to it.

_____ out of 9.

H. (The 7)

60. I am an optimistic person who enjoys coming up with new and interesting things to do.

61. I have a very active mind that quickly moves back and forth between different ideas.

62. I like to get a global picture of how all these ideas fit together, and I get excited when I can connect concepts that initially don't appear to be related.

63. I like to work on things that interest me, and I have a lot of energy to devote to them.

64. I have a hard time sticking with unrewarding and repetitive tasks.

65. I like to be in on the beginning of a project, during the planning phase, when there may be many interesting options to consider.

66. When I have exhausted my interest in something, it is difficult for me to stay with it, because I want to move on to the next thing that has captured my interest.

67. If something gets me down, I prefer to shift my attention to more pleasant ideas.

68. I believe people are entitled to an enjoyable life.

_____ out of 9.

I. (The 4)

69. I am a sensitive person with intense feelings.

70. I often feel misunderstood and lonely, because I feel different from everyone else.

71. My behavior can appear like drama to others, and I have been criticized for being overly sensitive and overamplifying my feelings.

72. What is really going on inside is my longing for both emotional connection and a deeply felt experience of relationship.

73. I have difficulty fully appreciating present relationships because of my tendency to want what I can't have and to disdain what I do have.

74. The search for emotional connection has been with me all my life, and the absence of emotional connection has led to melancholy and depression.

75. I sometimes wonder why other people seem to have more than I do-better relationships and happier lives.

76. I have a refined sense of aesthetics, and I experience a rich world of emotions and meaning.

_____ out 8.

Your Totals:

The 1	(B)	_____
The 2	(D)	_____
The 3	(E)	_____
The 4	(I)	_____
The 5	(F)	_____
The 6	(G)	_____
The 7	(H)	_____
The 8	(A)	_____
The 9	(C)	_____

Your High Score is your Enneagram Primary Type (at this time), and the other Types with a significant score reflects what the Enneagram would call your "Look-Alike Type", your Wing or one of the other Enneagram patterns called your "Stress" and/or "Security" Points.

The Enneagram Look-Alikes

There are particular types which can appear very similar on the surface.

The most obvious of these are:

One and Six (share anxiety)

One and Eight (share anger, rightness)

Two and Seven (are both often playful, optimistic, and enjoy many activities)

Two and Nine (Care about other people's needs)

Three and Seven (can both appear to be workaholics and attempt to be pleasing)

Three and Eight (can both appear to be workaholics and determined)

Eight and counter-phobic Six (both are confronting)

Stress and Security

We all take on a flavor of another type when in stress or security. It is possible to spend so long in one of these states that we start to act and feel like that type. For example, a person whose childhood was very stressful may as an adult behave in some ways very like their stress type; or in a long-term secure and happy relationship we may 'become' our security type for a while.

Although stress and security behaviors may produce a temporary look-alike, they are a great help in differentiating true look-alikes.

What are Stress & Security Points

“Within your core style you also have a built-in connection to two other Enneagram styles, in addition to the Wings we studied last week.

These connections are often called The Stress and Security Points.

Just as with wings, you can recognize an intuitive, unconscious link from your core style to your connecting points.

The words "stress" and "security" are used as neutral descriptive terms.

When you are under pressure, for instance, you will tend to temporarily access the attitudes and motivations of your stress point.

So, under stress a principled One might begin to act like a self-pitying, melancholy Four.

When relaxed, she would begin to manifest the attitudes of her security point, the playful high side of Seven.

A lot of writers have taken these connecting points to mean something more.

As we saw in our last study, the stress point is described as an "unhealthy" direction in general and the security point is portrayed as the general path to psychological "health".

The security point is called the direction of growth, integration, redemption, while the stress point is called the direction of decline, disintegration, breakdown, etc.

These are presented as directions to avoid or cultivate when attempting to work on the dilemmas of your core Enneagram style.

Here is a quick list of wings: Ones: Nine and Two; Twos: One and Three; Threes: Two and Four; Fours: Three and Five; Fives: Four and Six; Sixes: Five and Seven; Sevens: Six and Eight; Eights: Seven and Nine; Nines: Eight and One.

This reflects the teacher's desire to provide direction and the theorist's need to create a complete and unified theory.

Unfortunately, unified theories about human behavior never hold together very long.

Our personal psychology is a messy, complex process. Consequently, theorists usually have to ignore contradicting facts to keep their theories intact.

It would be nice to think that within your Enneagram style there was one sure direction out, a royal road to health and well-being.

It's just not what happens.

When people are unhealthy or under stress, they manifest the neurotic behavior and defenses of both their stress and security points in a kind of cycle.

They will also manifest the unhealthy elements of their wings; not to mention their core style.

These are the ingredients of being stuck or lost in a downward spiral and they all tend to reinforce one another.

No one element offers a magic direction out and how people change and grow is a whole other subject.

The same is true when someone is healthy or relaxed within their being.

The high side qualities of both their stress and security points will be evident and support a kind of upward spiral.

The powers and resources of both wings are also be available as someone operates out of the healthy perspective of their core style.”

We may have a particularly strong link to one of our wing points, either permanently or from time to time. For example, “when I first met the Enneagram I was sure I was a Nine, because some of my behavior is very Nine-like (but also because I secretly thought Nines were 'nicer people' than Eights). It took feedback from a close friend, and some honesty, to know that I am an Eight. I can still look Nine-like, though.” (Webb)

Cultural influences

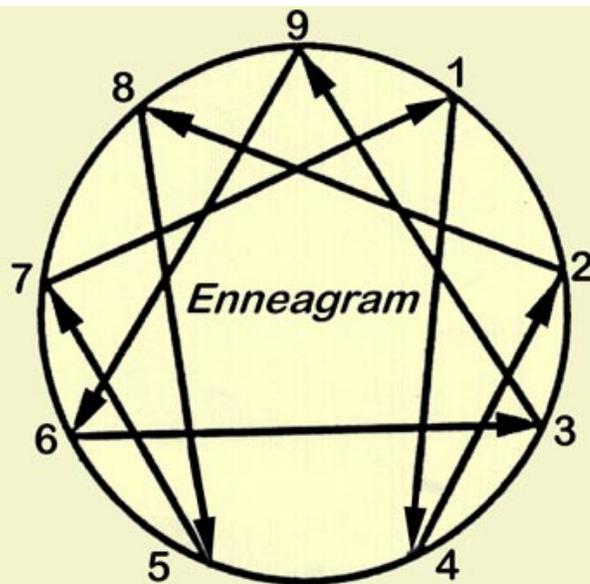
There can sometimes be a cultural overlay on people's behavior which may blur their true type. For example: the USA values Type Three attributes (go get it); the UK historically has taught its children Type Five (stiff upper lip) with a touch of Eight (John Bull).

Some cultures still have strong male/female stereotyping, even when their members are brought up in other countries. The most obvious are Type Two as the ideal for female behaviour, and Types Eight, Three or One for males.

The following tables contain, for each pair of types, a statement of which sort of look-alike they are, brief descriptions of how they look alike, and two or three questions.

The questions are baldly stated, to help you answer a clear 'yes' or 'no'. Always give a definite answer, even when it's a case of 'more often than not'.

To avoid repetition I have listed the possible common characteristics, with the distinguishing questions, under the first look-alike type of the two, and therefore there is no table for Nines.



TYPE 1: THE PERFECTIONIST

The 2 Wing look-alike

Two with One wing: self-righteous, self-critical, perfectionist.

One with Two wing: concern for others/altruism.

Is it more important to make the other person involved happy than to complete a task correctly?

Do you tend to present different facets of yourself to different people?

TYPE 1: THE PERFECTIONIST

The 3 Possible look-alike

Workaholic, active, competent, motivate others,
apparently self-confident.

Are you willing to cut corners to get the job done?

Is excellence more important than success?

TYPE 1: THE PERFECTIONIST

4 Security/stress look-alike

Intense, melancholy, yearning, see what's wrong/
missing, critical, self-deprecating, idealistic.

Stressed Ones: emotional.

Secure Fours: critical.

Is your criticality more about ethics and correct
behavior?

Or about relationship and personal issues?

Would completing a task properly usually take priority
over sorting out a problem in a relationship?

TYPE 1: THE PERFECTIONIST

5 Possible look-alike

Knowledgeable, controlled energy, physical tension, get things right, emotions private.

Are you more likely to be irritated than frightened if someone shouts at you?

Do you nearly always need time alone to consider your opinion?

TYPE 1: THE PERFECTIONIST

6 Common look-alike

Procrastinating, anxious, distrustful of authority, self-doubting, want to get it right, fairness/morality issues, support causes, think things out, possibly argumentative, seem critical.

Do you nearly always have an angry and critical inner voice with standards which you could never live up to?

When you reach a point of view do you tend to question it again?

TYPE 1: THE PERFECTIONIST

7 Security/stress look-alike

Angry under pressure, arrogant.

Stressed Sevens: critical of self and others, irritable, nit-picking.

Secure Ones: may be playful, adventurous, pleasure-loving.

Are irritation and self-criticality a constant feature in your life?

Are you in general optimistic about the future?

TYPE 1: THE PERFECTIONIST

8 Common look-alike

Moralistic, black and white view, judgemental, angry, take charge, do things 'my way', concerned about fairness/justice, desire truth.

Do you generally abide by a set of fixed rules about behavior?

Is it easy for you to allow yourself pleasure, and follow pleasant circumstances through to the end?

TYPE 1: THE PERFECTIONIST

9 Wing look-alike

Procrastinating, unexpected anger.

Nine with One wing: precise, self-critical, judging.

One with Nine wing: desire harmony, can 'slob out'.

Do you find it easy to hold your own position in a discussion?

Would you say harmonious relations come before doing the right thing?

TYPE TWO: THE GIVER

3 Wing look-alike

Change to please, need approval, don't know inner needs, image conscious.

Two with Three wing: task-oriented, particularly on behalf of a chosen boss/mentor.

Three with Two wing: successfully take on role of giver.

Do you gain the greatest approval from pleasing others, or from getting the job done?

Do you get emotional if you feel people are making continuous demands without giving anything back?

The 4 Security/stress look-alike

Emotional, empathic, seek approval! connection, can seem vain/ special, feel empty, change to please.

Secure Twos: more emotional, maybe nostalgic or insecure, more artistic.

Stressed Fours: meet others' needs.

Is your focus generally on yourself and your emotions?

In a relationship, do you feel sure of your ability to please the other, and therefore in control of it?

TYPE TWO: THE GIVER

The 5 Very unlikely look-alike

Information-gathering, not knowing own feelings in the moment.

Twos able to be unobtrusive and intellectual.

Do you use your knowledge to help you please others?

TYPE TWO: THE GIVER

6 Possible look-alike with Self-preservation subtype of Six

Self-preservation Sixes: warm, pleasant, want to serve, go toward others, need to be liked.

Twos: anxious, fearful of making mistakes or doing the wrong thing.

Are you more attracted to powerful interesting people ...
... or to underdog causes?

Are you generally suspicious about people's hidden motives?

TYPE TWO: THE GIVER

The 7 -- Common look-alike

Energetic, optimistic, friendly, want to be liked, value relationships, charming, seductive, like to have fun and ensure others have fun, selective in whom they approach, hard-working, sometimes seen as shallow.

Is it important to you to meet other people's needs before your own?

Can you easily get absorbed in your own intellectual interests if alone?

TYPE TWO: THE GIVER

The 8 -- Security/stress look-alike

Generous, energetic, pleasure-loving, have difficulty receiving, gregarious, drawn to power, can be strong leaders.

Stressed Twos: may become angry, push for what they want.

Secure Eights: more generous and intuitively giving.

How do you deal with someone being angry with you - do you like a good fight?

Are you nearly always concerned with others' approval even if you disagree with them?

TYPE TWO: THE GIVER

The 9 -- Common look-alike

Intuitive of others' feelings and needs, put those needs first, take on the flavor of others (merge), helpful, generous, unaware of own needs/priorities, want to be liked, may feel unappreciated or not noticed/active.

Do you move actively towards selected people whom you are interested in or do you find yourself responding to (merging with) most people around you?
Is your basic motivation to actively give pleasure to others?

TYPE 3: THE PERFORMER

4 Wing look-alike

Competitive, concerned with image, charming.

Three with Four wing: may lean to artistic expression, experience sadness particularly in relationships.

Four with Three wing: prefers the higher to the sadder emotions, energetic, career oriented.

Do you find it quite easy to empathize with other people's painful emotions?

Do you instinctively change the way you are to meet what you think other people will like?

TYPE 3: THE PERFORMER

6 Security/stress look-alike

Loyal, back causes, self-doubting, hard-working.

Secure Threes: may become anxious, doubt themselves and their ability to succeed.

Stressed Sixes: can focus on goals and handle success.

Do you feel it's important that people like you, and that you can easily get along with anyone if you want to?

Are you anxious about a lot of things, even if they don't relate to your potential success or failure?

TYPE 3: THE PERFORMER

7 Common look-alike

Energetic, workaholic, set goals, make lists and plans, feel they can achieve, able to make themselves liked, avoid negative feelings.

Do you find yourself keeping your options open, even if it means moving the goal posts?

In a fairly long-term project, is your attention on ensuring its success ...

. . . or can you become bored before the end, and move to something more interesting?

TYPE 3: THE PERFORMER

8 Common look-alike

Energetic, workaholic, leadership and control issues, can-do attitude, like winning, can inadvertently step on others in pursuit of goal, frustrated by incompetence.

If someone confronts you angrily, and in your view wrongly, about something you have done, is your instinct to stand your ground and if necessary fight about it?

Would you change your stance or stated point of view because doing so would help you achieve a goal?

TYPE 3: THE PERFORMER

9 Security/stress: unlikely look-alike

Stressed Threes: can be swayed in their opinion, more likely to go along with others' agendas and wishes.

Secure Nines: can be energetic and efficient achievers, feeling they know what they want.

When you are with good friends is it likely to be just as enjoyable, if not more, if there is no specific activity planned?

Is it very important to be seen as successful in your chosen field?

TYPE FOUR: THE ROMANTIC

5 Wing look-alike: Feel unworthy of attention, may seem arrogant or unapproachable.

Four with Five wing: aloof/shy, need privacy, may be out of touch with or suppressing emotions.

Five with Four wing: artistic, flamboyant, may have a strong inner emotional life tending to melancholy.

Is the life of the mind most important and nourishing to you , or would you say you experience life more through feelings?

When you are with other people, do you sometimes feel ashamed, even if there is no obvious reason for it?

TYPE FOUR: THE ROMANTIC

6 Possible look-alike with counter-phobic Six
Break rules, excited by danger, hate to be told what to do, anti-authoritarian, fearful, self-doubting, idealistic.
Are you attracted to deep emotions in yourself or others?
Do you tend to look to the future, thinking about what might go wrong and how to avert it?

TYPE FOUR: THE ROMANTIC

7 Possible look-alike

Special, intense, stylish, reckless, apparent push-pull in relationship (there, then not there), self-referencing.

Do you prefer to avoid suffering if possible, and if not, heal or move on from it quickly?

Do you have a sense that you have been or might be abandoned by people you love?

TYPE FOUR: THE ROMANTIC

8 Possible look-alike

Intense, emotional, reckless, high standards, value authenticity, flamboyant, vulnerable heart, self-referencing.

Can a 'good row' with someone you care for leave you feeling energized and more sure of the relationship?

Does it seem natural to dwell on and explore your emotions at some depth and over time?

TYPE FOUR: THE ROMANTIC

9 Possible look-alike

Melancholy, self deprecating, want to be understood, feel don't belong or different, immersed in relationship, spaced out, experience self as loving, seek connection. Depressed Four can be slothful.

Do you sometimes wonder if you as an individual exist for other people, that no-one notices or listens to you, or that you bore them?

When a relationship becomes close, do you find yourself noticing and criticizing imperfections in your partner, even if yesterday they were perfect for you?

TYPE FIVE: THE OBSERVER

6 Wing look-alike

Five with Six wing: may be aware of fear and other Six issues, may question own reality.

Six with Five wing: withdrawn, private, contemplative.

Are you aware of a pretty immediate reaction to events, even if you may not voice it straightaway?

Does it often seem to you that life is like watching a film, that nothing is very close to you when it happens?

TYPE FIVE: THE OBSERVER

7 Security/stress look-alike Wide-ranging imagination and love of ideas.

Stressed Fives: dislike committing themselves, scan for all possible options to escape threat, may seem evasive or scattered.

Secure Sevens: may enjoy solitary intellectual pursuits, sit back and observe rather than being the focal point, may seem withdrawn.

TYPE FIVE: THE OBSERVER

7 Security/stress look-alike (continued)

When you consider all the available options, are most of them pleasant or at least leading to a pleasant outcome?

Do you start to feel drained or over-extended unless you have at least part of each day to yourself?

TYPE FIVE: THE OBSERVER

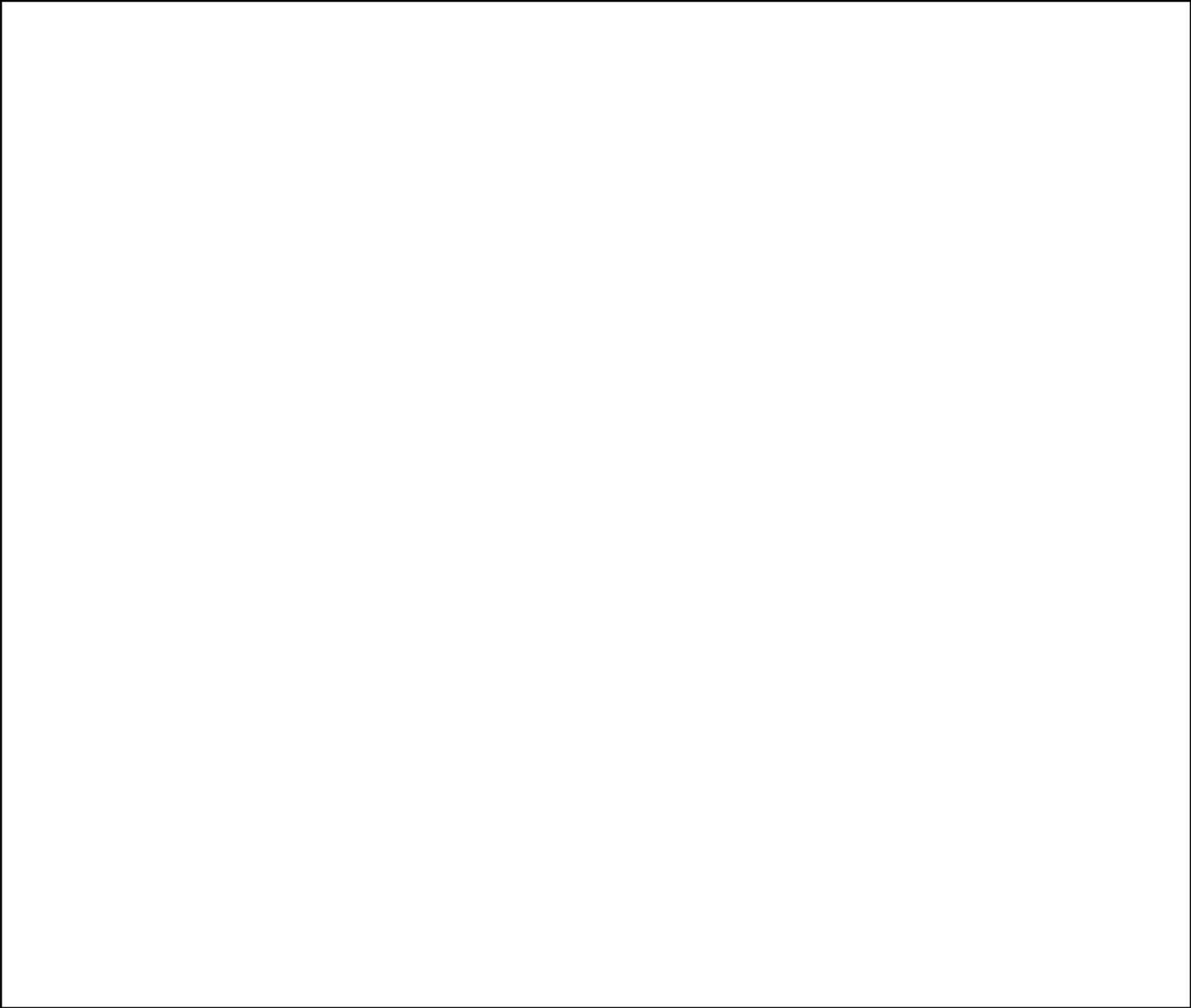
8 Security/stress look-alike

Secure Fives: more outgoing, even bossy, may access anger, may be protective of loved ones.

Stressed Eights: withdraw physically or mentally, need space to re-group and think, may aggressively shut out the world.

If confronted, can you access your own anger easily and immediately?

Do you become fearful if you feel threatened?



TYPE SIX: THE QUESTIONER

7 Wing look-alike

Imaginative, fear-based.

Six with Seven wing: can be fun-loving and gregarious, like multiple activities, networkers.

Seven with Six wing: may be aware of fears or anxiety, more likely to plan for negative as well as positive outcomes.

Do you find your imagination mostly takes you to pleasant future possibilities and/or bright ideals?

When you succeed at something, do you find it easy to believe the compliments you receive?

TYPE SIX: THE QUESTIONER

8 Common look-alike with counter-phobic Six
Confrontative, dislike rules, have authority issues, fight for causes, see the world as hostile or potentially unfriendly, do dangerous things.

If need be, do you find it easy and enjoyable to take on a leadership role?

Do you frequently question your own decisions, even after you think you have made up your mind?

TYPE SIX: THE QUESTIONER

9 Security/stress look-alike

Secure Sixes: lose the sense of threat, enjoy simply being with people and allow them in.

Stressed Nines: may be very fearful, mistrust others, see future pessimistically, expect harm.

Do you tend to visualize specific threats and worst possible outcomes in most situations?

Do you more often than not allow people to affect you, rather than keeping yourself safely uninvolved?

TYPE SEVEN: THE EPICURE

8 Wing look-alike

Energetic, direct in pursuit of goal, enjoy consuming, pleasure-loving, angry when challenged.

Would you more easily 'go around the houses', plan and maneuver, sometimes deviously, to get what you want, than fight for it?

If someone is angry about something you have done, is your first reaction to fight back (even if quietly and reasonably) ...

... or explain the situation and disarm them?

TYPE SEVEN: THE EPICURE

9 Possible look-alike

Pleasure-loving, avoid conflict, get side-tracked, have many interests.

Do you usually know what you want?

Are you more concerned with or interested in what other people feel and want than your own intentions?

TYPE EIGHT: THE BOSS

9 Wing look-alike

Stubborn, postpone own priorities, pleasure-seeking, misplace anger, narcotizing.

Do you usually have a clear point of view which it is easy for you to defend?

Do you nearly always submerge or forget your own wishes for the sake of maintaining harmony?