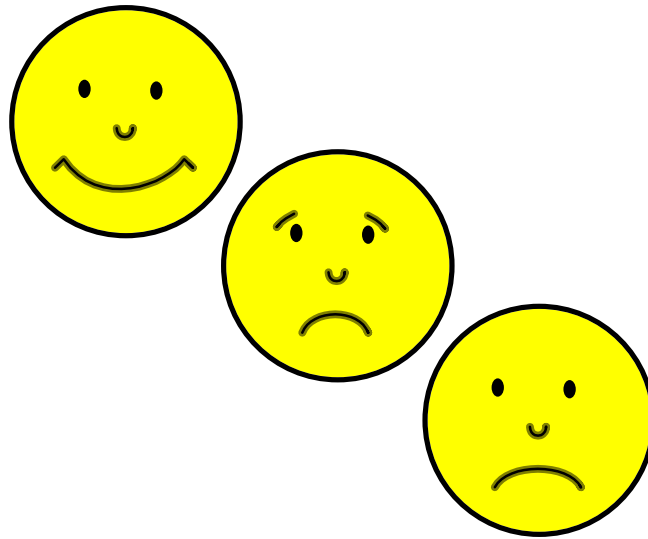


# The Happiness Deception Lessons 005 and 006



Rom. 3:28-30, *"For we maintain that a man is justified by faith apart from works of the Law.*

Rom. 11:6, *"But if it is by grace, it is no longer on the basis of works, otherwise grace is no longer grace."*

Gal. 2:16, *"nevertheless knowing that a man is not justified by the works of the Law but through faith in Christ Jesus, even we have believed in Christ Jesus, that we may be justified by faith in Christ, and not by the works of the Law; since by the works of the Law shall no flesh be justified."*

Gal. 2:21, *"I do not nullify the grace of God; for if righteousness comes through the Law, then Christ died needlessly."*

Gal. 3:22, *"But the Scripture has shut up all men under sin, that the promise by faith in Jesus Christ might be given to those who believe."*

Gal. 3:24, *"Therefore the Law has become our tutor to lead us to Christ, that we may be justified by faith."*

Phil. 3:9, *"and may be found in Him, not having a righteousness of my own derived from the Law, but that which is through faith in Christ, the righteousness which comes from God on the basis of faith."*

Tim. 1:16, *"And yet for this reason I found mercy, in order that in me as the foremost, Jesus Christ might demonstrate His perfect patience, as an example for those who would believe in Him for eternal life."*

John 3:16, *"For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life."*

### Peter 1:2-3

*Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord, According as his divine power hath given unto us all things that [pertain] unto life and godliness, through the knowledge of him that hath called us to glory and virtue...*

*“Having begun in the Spirit, are ye now made perfect [mature] in the flesh?”(Gal. 3:3).*

**Happiness** is a state of mind or feeling characterized by contentment, love, satisfaction, pleasure, or joy.[1]

A variety of biological, psychological, religious, and philosophical approaches have striven to define happiness and identify its sources.

### Happiness Potential:

1. About 50% of individual happiness comes from a *genetic set point*. That is, we're each predisposed to a certain level of happiness. Some of us are just naturally more inclined to be cheery than others.

2. About 10% of our happiness is due to our *circumstances*. Our age, race, gender, personal history, and, yes, wealth, only make up about one-tenth of our happiness.

3. The remaining 40% of an individual's happiness seems to be derived from *intentional activity*, from "discrete actions or practices that people can choose to do". - getrichslowly.org

## Happiness Potential:

1. If 50% of individual happiness comes from a *genetic set point*, and you have new Genetics (*Re-Gen-eration*), what is your *NEW Genetic Set-Point*?

Galatians 5:22-23 *"But the fruit of the Spirit is love, JOY, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law."*

Your Spiritual Happiness Set-Point is UNLIMITED, that is, it is bounded only by the limitations of God's Happiness.

*“As the Father has loved me, so have I loved you. Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father’s commandments and abide in His love. These things I have spoken to you, that my joy may be in you, and that your joy may be full.” – John 15:9-11 ESV*



A large part, and some would say the major part, of our "Happiness" comes from our Self-Concept and the way we see ourselves, our Self Esteem; for it is due to Self Esteem that we choose which of the "discrete actions or practices that people can choose to do".  
Self Esteem is the Mirror of Pride.  
It is how we see ourselves.  
We all seek to have the highest Self-Esteem.

Therefore, the Number One way to block the joy of your New Genetics is to look at yourself in your Old Genetics to establish your Self Esteem.

Truth: If you are a New Creation, your Old Creation does not matter.

Want to see the Old You that you keep on trying to improve?

Ephesians 2:1-3:

*And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.*

*That is the "You" that you keep trying to make Happy with your Goals of attaining success in Life.*

**Genesis 3:1** *Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?"*    **2** *And the woman said to the serpent, "We may eat of the fruit of the trees in the garden,*    **3** *but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'"    4* *But the serpent said to the woman, "You will not surely die.    5* *For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."*

*This is the Old You -- "knowing good and evil"!  
Having a choice to make -- Human Good and Human Bad.  
That "You" is dead, when you walk in your New Genetics.*

Galatians 5:16-17, Paul says:  
*I say then: Walk in the Spirit (New You), and you shall not fulfill the lust of the flesh (Old You). For the flesh (Old You) lusts against the Spirit (New You), and the Spirit (New You) against the flesh (Old You); and these are contrary to one another, so that you do not do the things that you wish.*

**Don't Be Deceived!**

...ye shall be as God, knowing good and evil. - Genesis 3:5

One of Satan's most effective tactics down through the ages has been deception. He is a master at making things appear what they are not. A mixture of truth and error seems to serve his purposes much better than total error.

Donald Grey Barnhouse illustrated this forcefully with the following story: "Duveen, the famous English art connoisseur, took his little daughter to the beach one day, but could not get her to go into the chilly water. After persuasion failed, he borrowed a teakettle, built a fire, and heated a little water until it steamed beautifully. With much flourish, he poured it into the ocean. Greatly impressed, his daughter went in without a murmur."

Barnhouse then made this application: Satan “dilutes an ocean of unbelief with a steaming teakettle of Christian ethics, and people go wading in, self-satisfied, but unaware that they are bathing in unbelief.”

The adversary is delighted when a person turns over a new leaf or engages in good works, just as long as he continues to reject the provision of God’s grace in salvation.

Don’t be deceived by Satan’s clever ploy. You cannot dilute an ocean of cold unbelief with a little warm water of religiosity or good human endeavor. P.R.V.

If you have believed, and are a Christian, Satan has no choice but to continue the same deception, now portrayed as "Spirituality by Morality", being a "Good Christian" by means of Human Good."

Remember, we learned from our study of Carl Rogers that he sees the battle in people as between "Self Actualization" (being the best we can be") and the Societal Standard.

But, the Scriptures for Christians are not about the battle between "Self Actualization" (being the best we can be") and the Societal Standard, but about *"be transformed by the renovation of your thinking."*

By *"being conformed to the image of Christ."*

Rogers' theory, and ALL Psychology and Philosophy, is all about the promotion of Human Good as the ultimate in life -- all about the supremacy of "you", the "real you", not the one that Society forces upon you.



*Rom 2:17 But if you call yourself a Jew and rely on the law and boast in God 18 and know his will and approve what is excellent, because you are instructed from the law; [Human Good]*

*19 and if you are sure that you yourself are a guide to the blind, a light to those who are in darkness, 20 an instructor of the foolish, a teacher of children, having in the law the embodiment of knowledge and truth— 21 you then who teach others, do you not teach yourself?*

*While you preach against stealing, do you steal? 22 You who say that one must not commit adultery, do you commit adultery? You who abhor idols, do you rob temples? [Human Bad]*

*23 You who boast in the law dishonor God by breaking the law. 24 For, as it is written, “The name of God is blasphemed among the Gentiles because of you.”*

*Romans 3:9 What then? Are we [Old Self] Jews any better off? No, not at all. For we have already charged that all, both Jews and Greeks, are under sin (the Sin Nature), 10 as it is written:*

*“None is righteous, no, not one;*

*11 no one understands;*

*no one seeks for God.*

*12 All have turned aside; together they have become worthless; no one does good, not even one.”*

*13 “Their throat is an open grave; they use their tongues to deceive.”*

*“The venom of asps is under their lips.”*

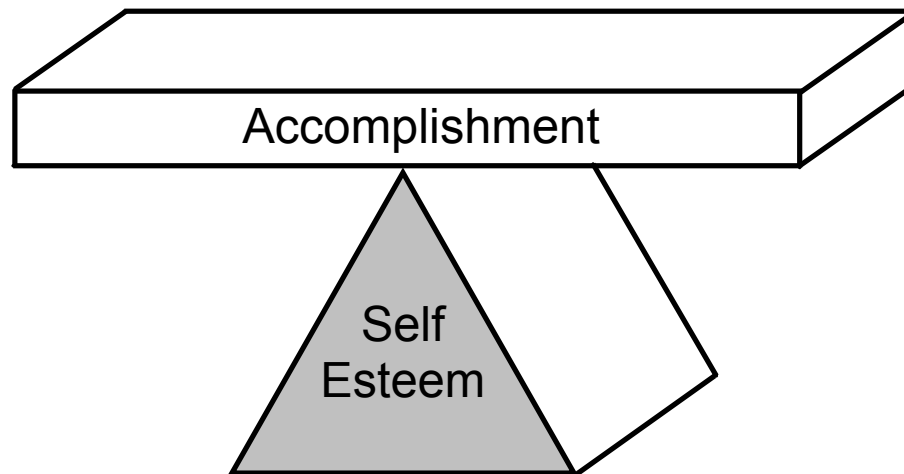
This concept of self-esteem is founded on the premise that it is strongly connected to a sense of competence and worthiness and the relationship between the two as one lives life.

The **worthiness component** of self-esteem is often misunderstood as simply feeling good about oneself, when it actually is tied to whether or not a person lives up to certain fundamental human values, such as finding meanings that foster human growth and making commitments to them in a way that leads to a sense of integrity and satisfaction.

A sense of **competence** is having the conviction that one is generally capable of producing desired results, having confidence in the efficacy of our mind and our ability to think, as well as to make appropriate choices and decisions.

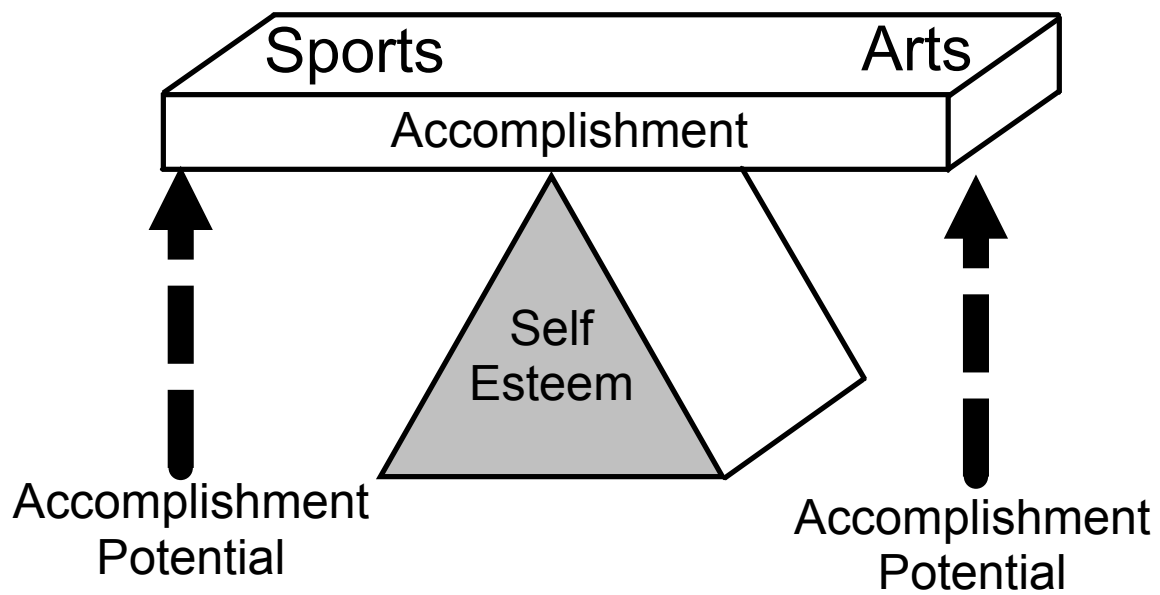
Self-esteem stems from the experience of living consciously and might be viewed as a person's overall judgment of himself or herself pertaining to self-competence and self-worth based on reality.

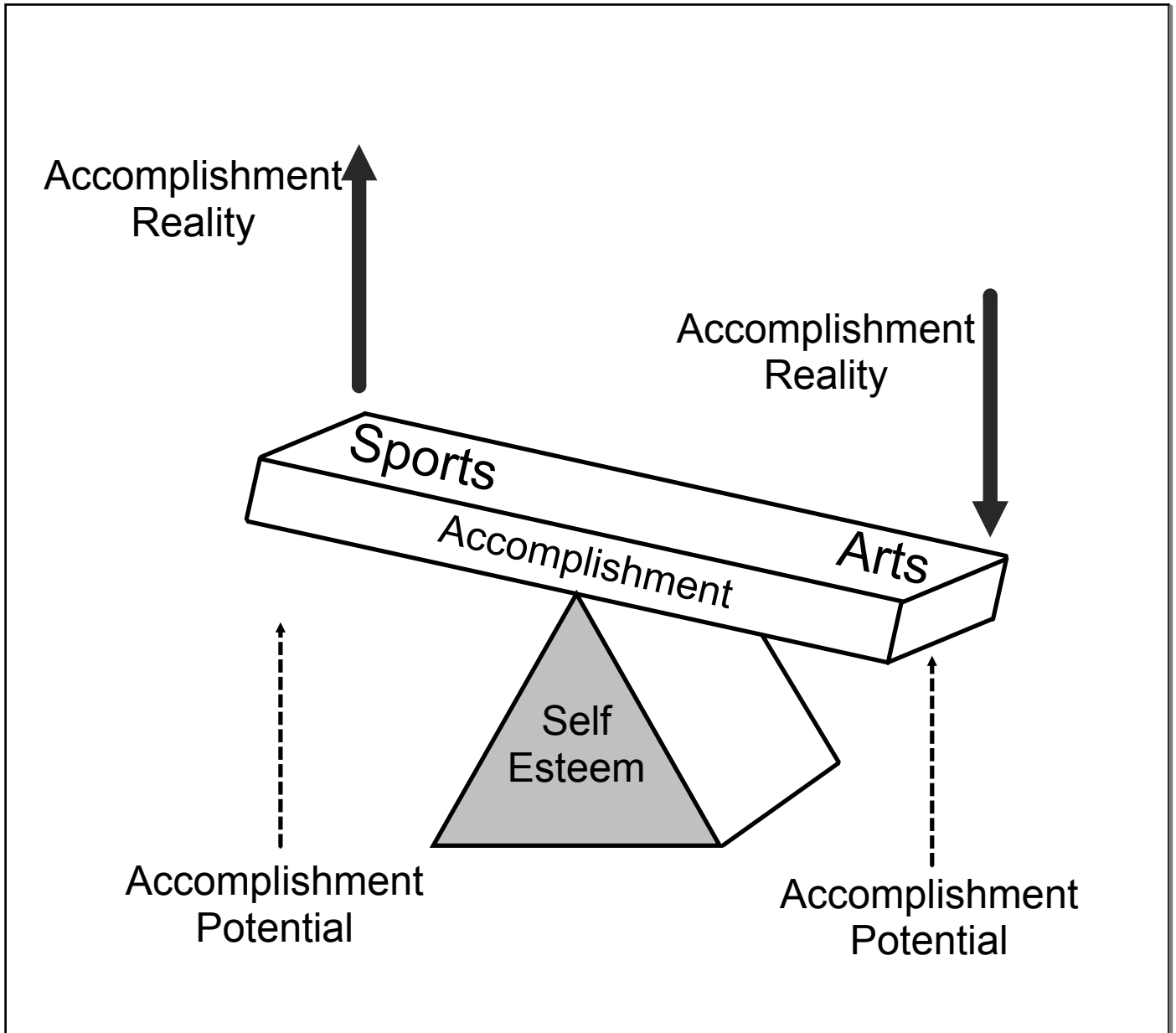
## Self-Esteem comes from Accomplishment

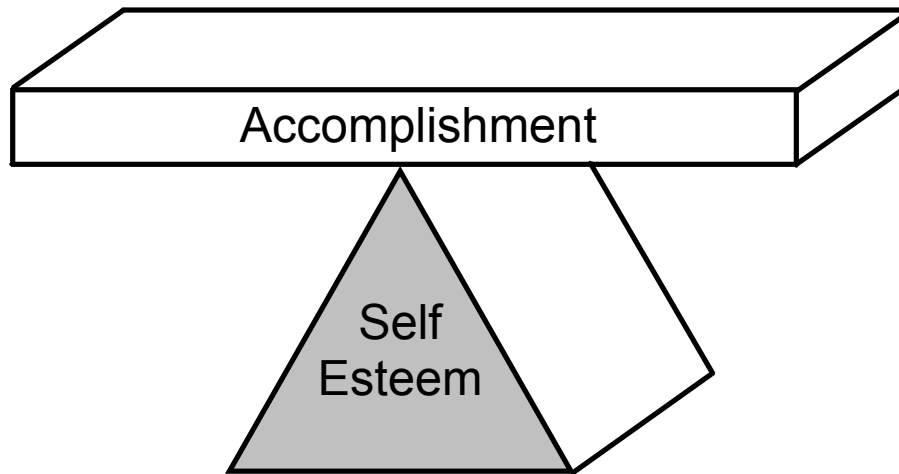


"The experience of being capable of meeting life's challenges and being worthy of happiness."

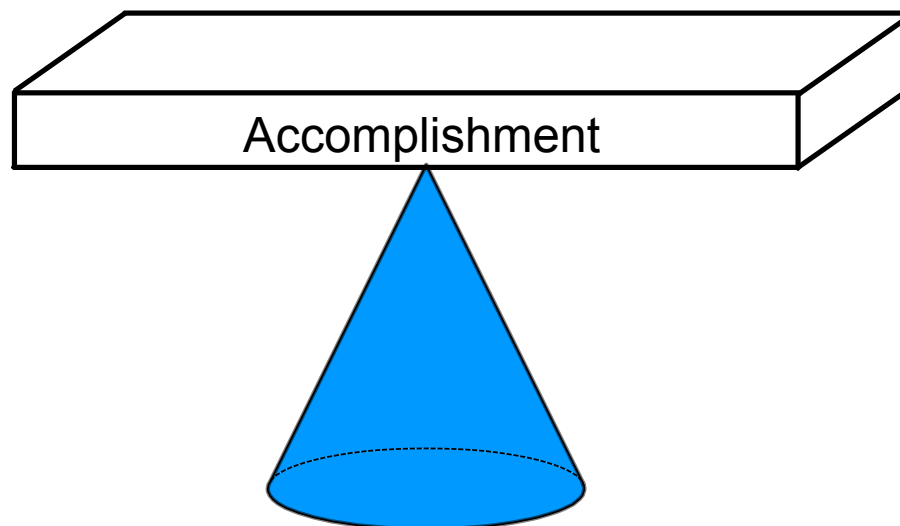
## A Common Example in Our Culture Today



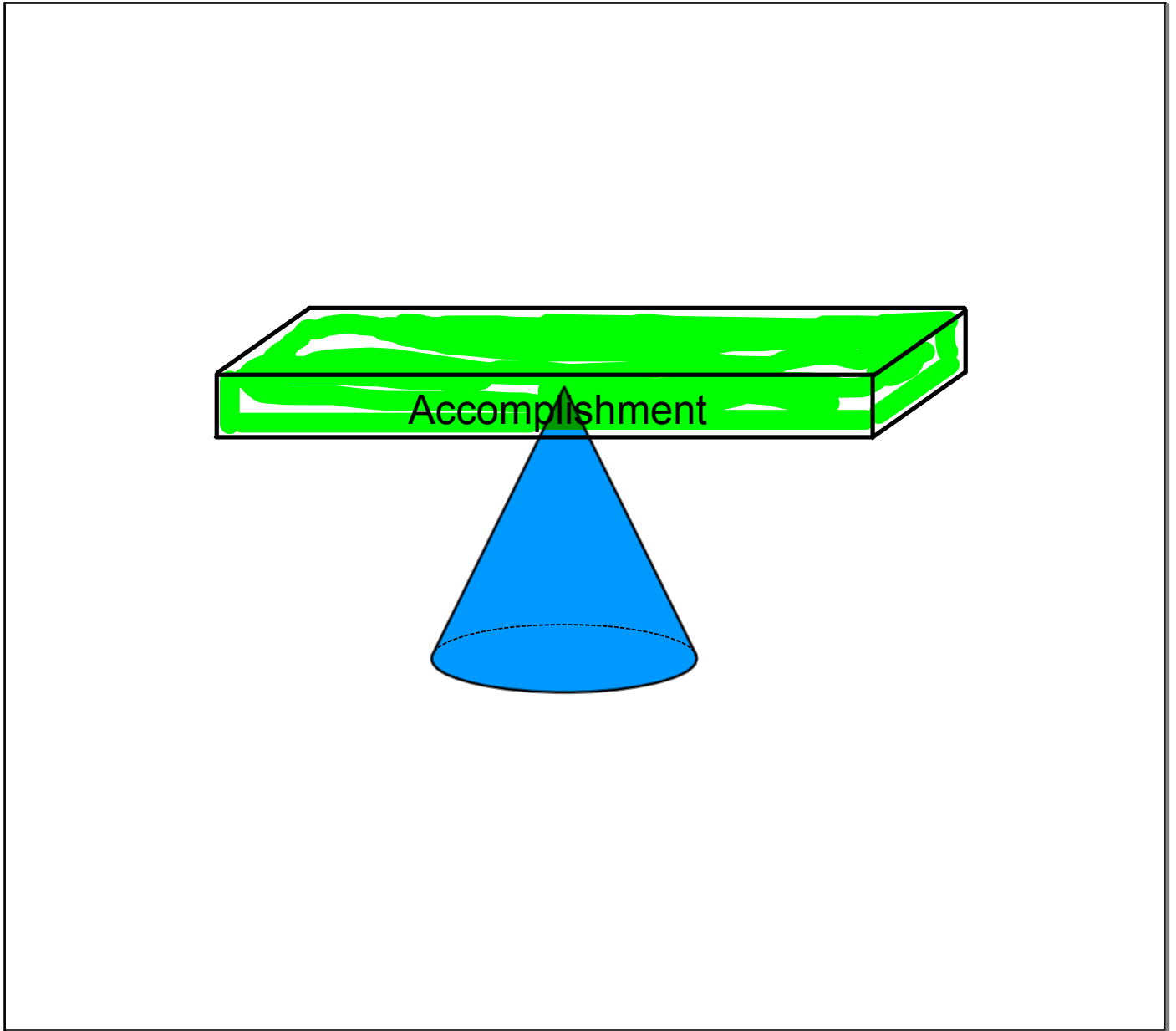


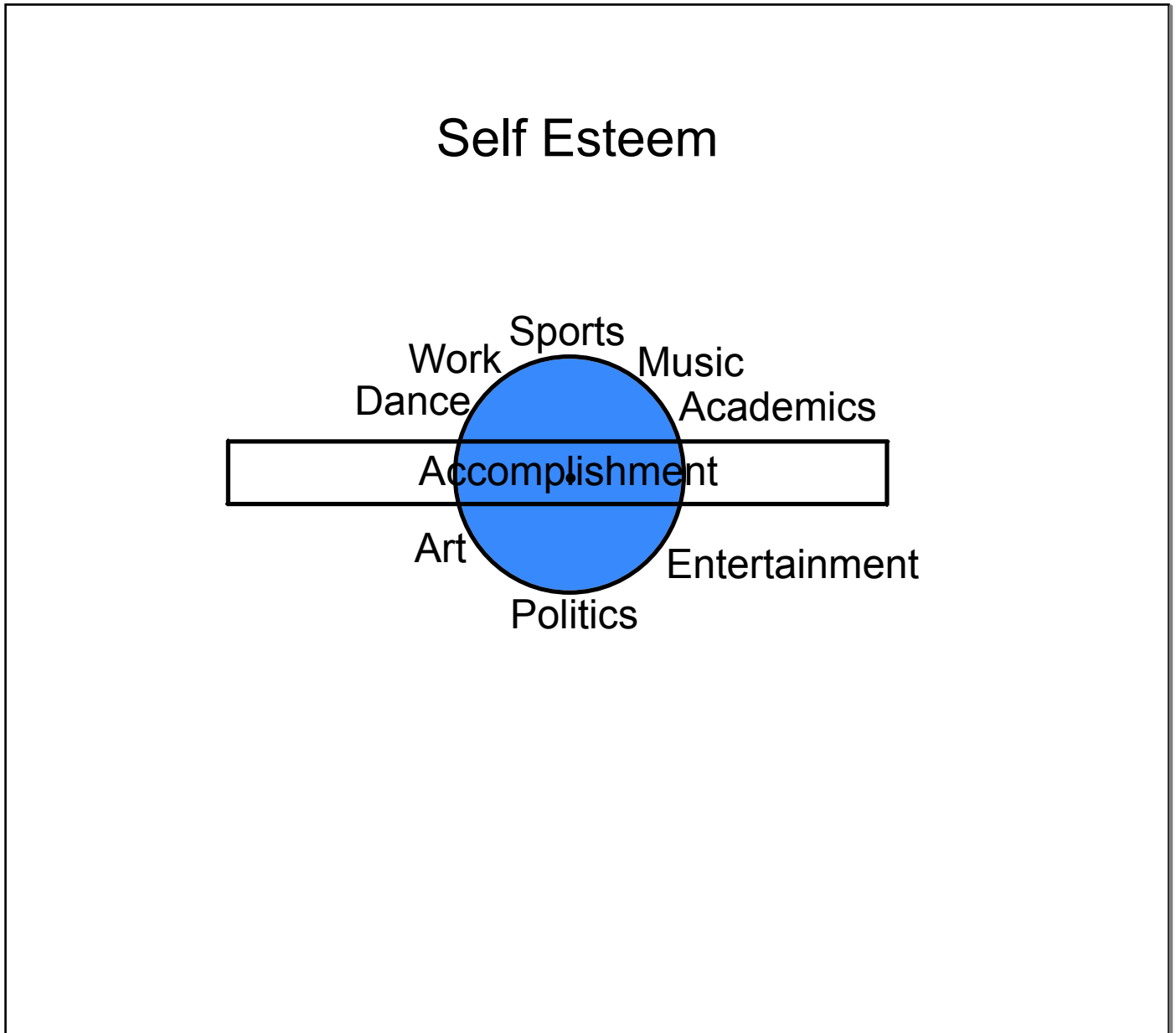


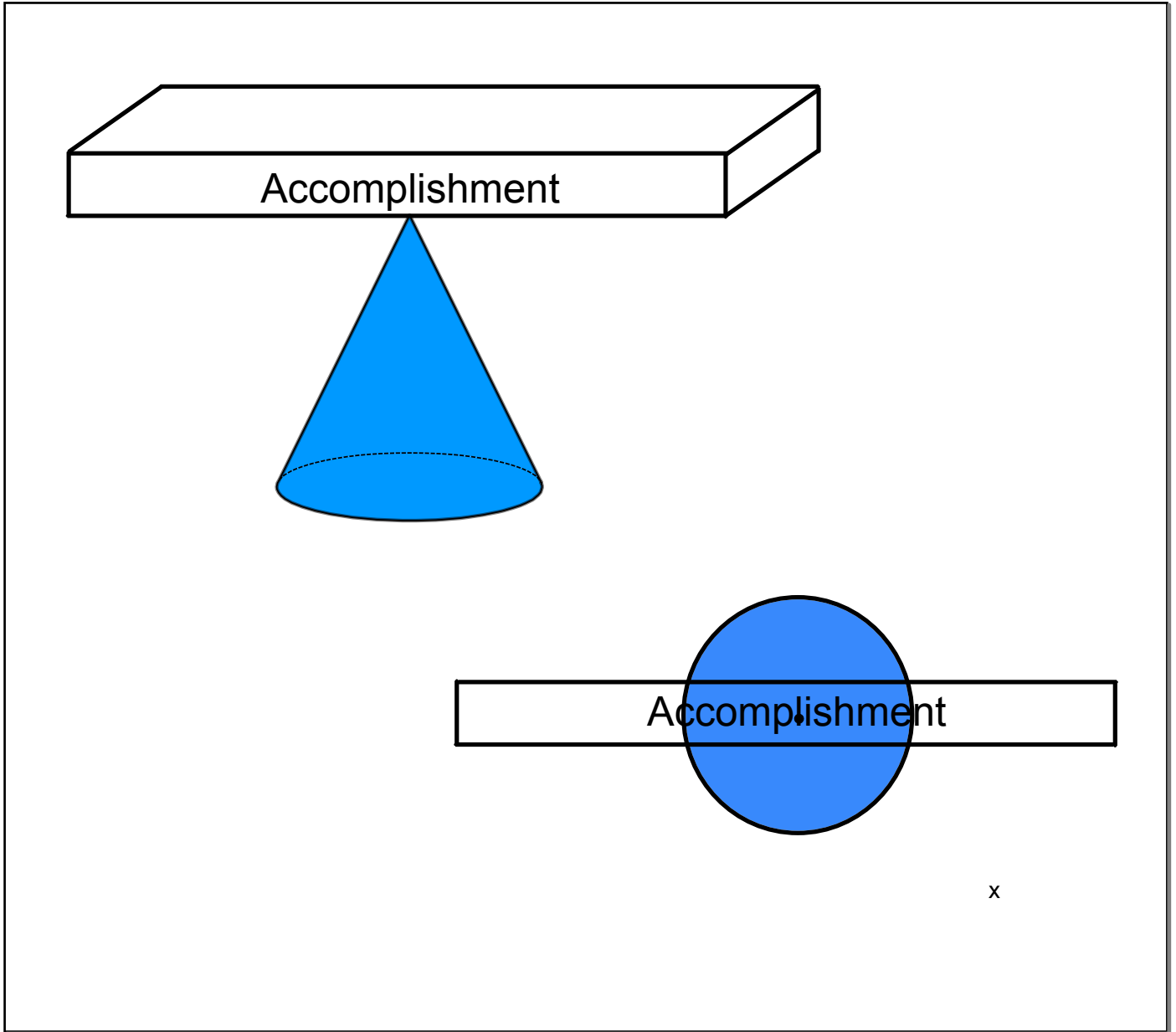
This triangular based model only applies when choosing between TWO choices for Self-Esteem, but life is full of choices, so a better illustration is to change the base to one that can "tilt" in many directions -- perhaps a Cone.

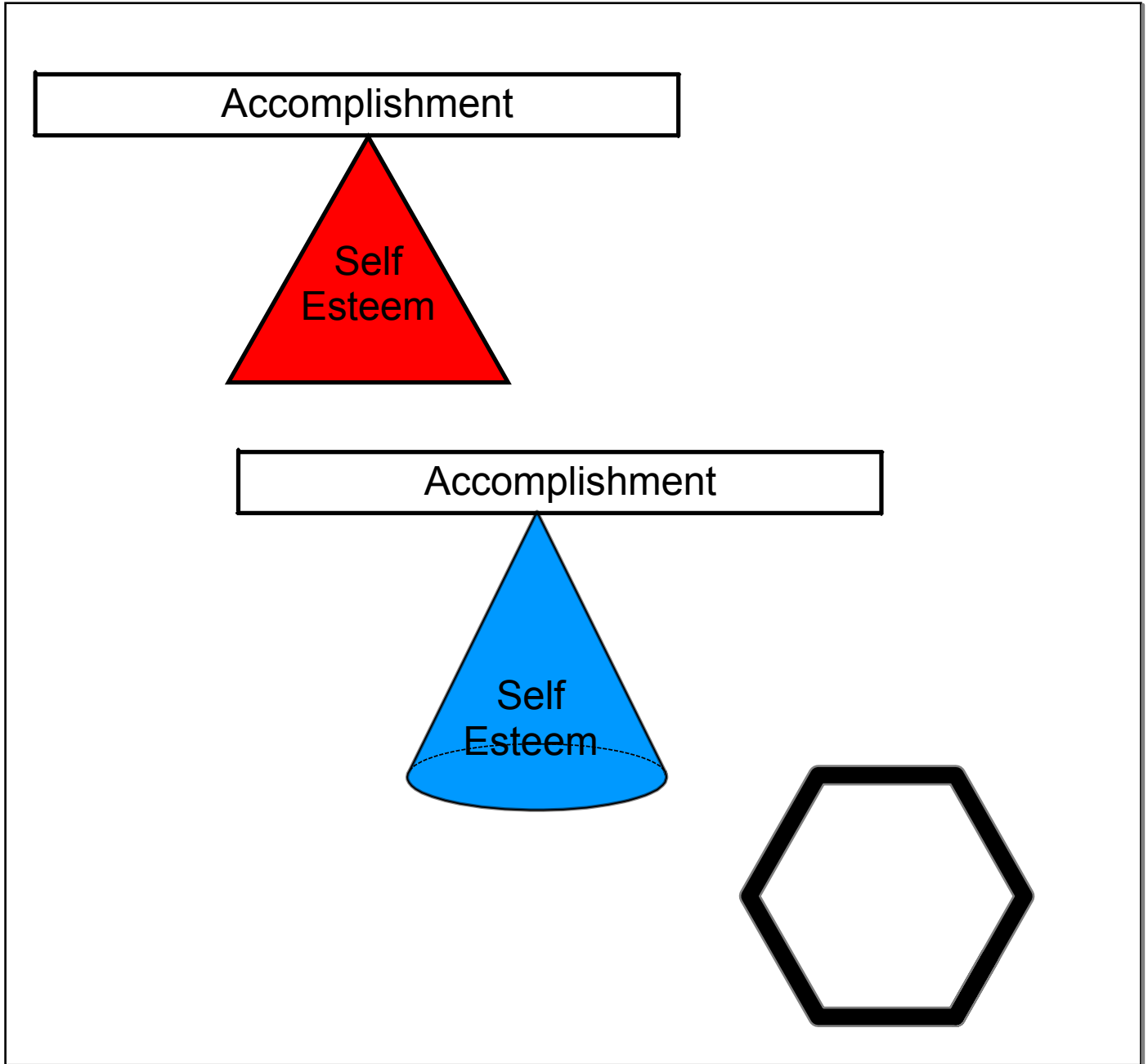


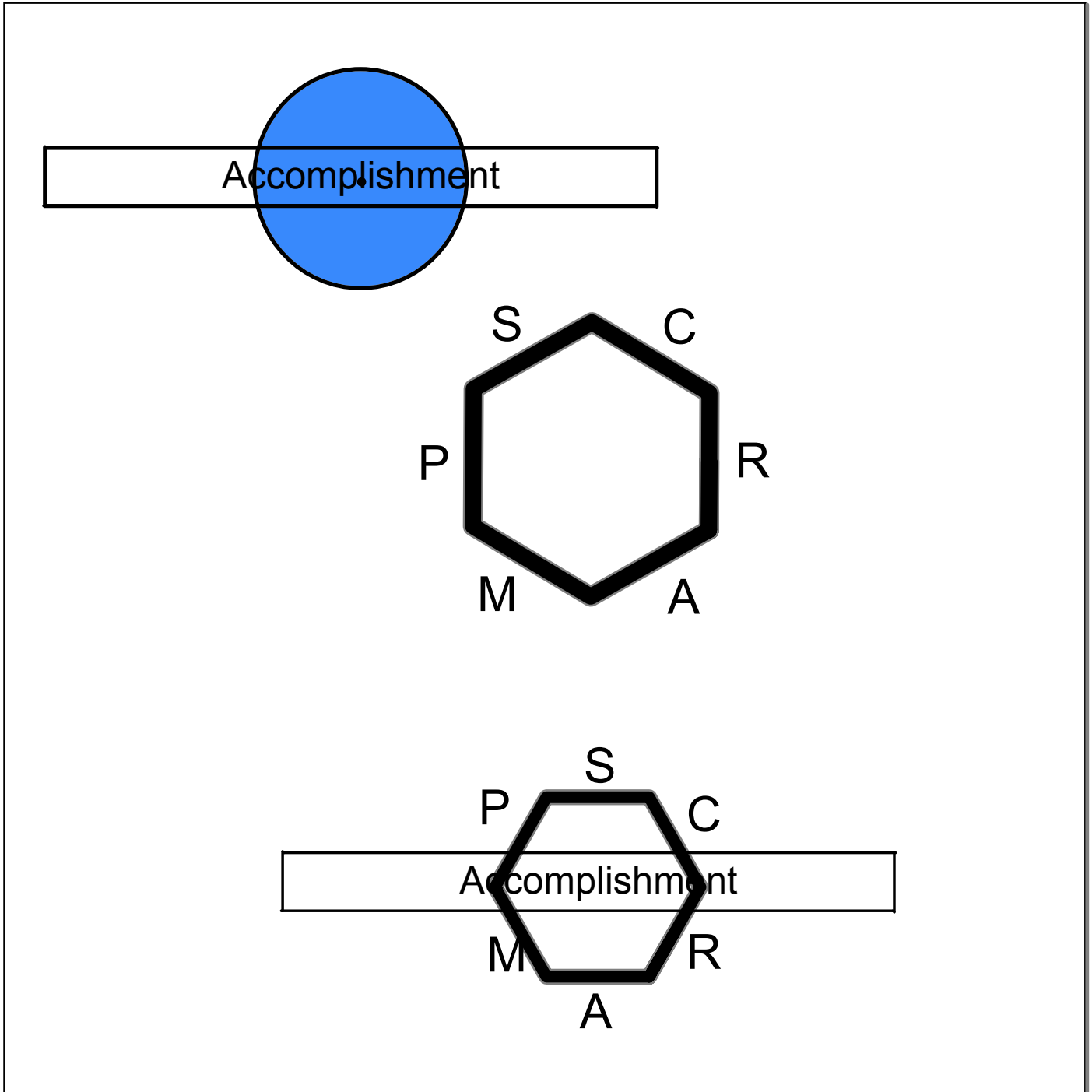












## **The Romans 7 Human Good/Human Bad Teeter-Totter**

*7 What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, "You shall not covet."*

*8 But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead.*

*9 I was once alive apart from the law, but when the commandment came, sin came alive and I died.*

*10 The very commandment that promised life proved to be death to me.*

*11 For sin, seizing an opportunity through the commandment, deceived me and through it killed me.*

*13 Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.*

*14 For we know that the law is spiritual, but I am of the flesh, sold under sin.*

*15 For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.*

*16 Now if I do what I do not want, I agree with the law, that it is good.*

*17 So now it is no longer I who do it, but sin that dwells within me.*

*18 For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.*

*19 For I do not do the good I want, but the evil I do not want is what I keep on doing.*

*20 Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me.*

*21 So I find it to be a law that when I want to do right, evil lies close at hand.*



*22 For I delight in the law of God, in my inner being,  
23 but I see in my members another law waging war  
against the law of my mind and making me captive to  
the law of sin that dwells in my members.*

*24 Wretched man that I am! Who will deliver me from  
this body of death?*

*25 Thanks be to God through Jesus Christ our Lord! So  
then, I myself serve the law of God with my mind\*, but  
with my flesh I serve the law of sin.*

So, HOW do you "serve the law of God with my mind"?

*and be not conformed to this age, but be transformed by the renewing of your mind, for your proving what [is] the will of God -- the good, and acceptable, and perfect. --*  
Romans 12:2 (Young's Literal Translation)

Our Minds must be transformed by the "Renovating" --  
clean out the "Old" and replace it with the "New."

What is the "Old?"

What is the "New?"

How is it "Transformed?"

What is the most important word in the passage?

*“Having begun in the Spirit, are ye now made perfect [mature] in the flesh?”(Gal. 3:3).*

•*“rejoice in Christ Jesus, and have no confidence in the flesh”(Phil. 3:3).*

Self-Esteem comes from  
accomplishment

If the person cannot accomplish Human Good responses to life's situations, he will develop his Self-Esteem through the Bad Behavior of Human Bad (Sin). This is often spoken of in Psychology as "Low Self Esteem, when, in reality, it is High Self Esteem in the "wrong" area.

Bad Behavior, Human Bad (Sin) is the Compensation for the inability to respond with Human Good.  
It begins as Ignorance, it progresses to a Lifestyle.

Human Bad, Bad Behavior, or "sin", is easily identified as Wicked, but it is the Pride of Human Good, or High Self Esteem we must provide equal time when evaluating Wickedness.  
High Self-Esteem is essentially based in "Morality".

**“HAPPY RATHER ARE THOSE WHO HEAR THE  
WORD OF GOD AND OBEY IT.” (LUKE 11:27,28)**

