

R of R BATS 9:

Approbation HATS: Fear and Worry

How Mature Love Eliminates
Fear

Selfism

- ❑ Selfism – Concentration on one's own interests
- ❑ Selfishness - excessive or exclusive concern with oneself; concentrating on or seeking one's own advantage, pleasure or well-being without regard for others; supreme self-love or self preference.

“The Proper Attitude of Man Under Grace:

- *“To believe, and to consent to be loved while unworthy, is the great secret.*
- *“To refuse to make ‘resolutions’ and ‘vows’; for that is to trust in the flesh.*
- *“To expect to be blessed, though realizing more and more lack of worth...*
- *“To rely on God’s chastening [child training] hand as a mark of His kindness...*

“Things Which Gracious Souls Discover:

- *“Things Which Gracious Souls Discover:*
- “To ‘hope to be better’ [hence acceptable] is to fail to see yourself *in Christ only*.
- “To be proud, is to be *blind!* For we have no standing before God, *in ourselves*.
- “To be *discouraged is unbelief*,—as to God’s purpose and plan of blessing for you.
- “To be *disappointed* with yourself, is to have *believed* in yourself.

Selfism

- HAM's:
 - Human Achievement Motivators
 - aka the Lust Patterns of the Sin Nature
- HATS:
 - Human Achievement Tactics & Strategies
 - The Strategies for the Attainment of the Selfishness Goals and the Tactics used to accomplish them.

Selfism

- Strategy:
 - a plan designed to achieve a particular long-term aim or goal.
- Tactic:
 - short-range plans or actions to achieve a strategy.

Selfism & HAM's

- The Human Achievement Motivators of the Inherited Nature from Adam (INA) include:
 - a. Approbation
 - b. Chemical
 - c. Materialism
 - d. Power
 - e. Religious
 - f. Sexual

Selfism

- ❑ All of us succumb to one of these Motivators from time to time.
- ❑ The dominant Motivator related to you is derived from both your genetics and your environment and results in your Trend toward Human Goodness (HG) or Human Badness (HB); as well as your personal areas of weakness and your personal areas of strength in your Adamic nature.

Selfism:

Approbation Motivation

- The 1st Human Achievement
Motivator: Approbation
- Strategy: Attain Happiness in Life
through obtaining the approval of
others.

Approbation Motivation

- Approbation is related to what is mistakenly called an “inferiority complex” and “low self-esteem” which insatiably seeks constant approval and praise from others.
- In reality, it is the deep-seated sense of superiority that is frustrated by real or imagined physical, mental, circumstantial or social deficiencies affecting our Idealized Self.

Approbation Motivation

- Approbation Motivation results in a dominant Appraisal Filtering by Self Concept.
- Everything in life is seen as an issue relating to my worth as a person based on my real or perceived shortcomings.
- If my SC is based on Self Image, I will see the world in terms of physical attractiveness and beauty.

Approbation Motivation

- So, if I Filter with Self Concept, because of my Approbation Motivation, I will attempt to please people in some way to overcome my “deficiencies”.
- I will develop the HATS Strategy of elevating my Self Worth through the validation by others.

Approbation Motivation

- Galatians 1:10 (ESV)
10 For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ.

Approbation & Christian Service

- ❑ Approbation Motivation sometimes substitutes Christian service for spirituality and its momentum in the Christian way of life.
- ❑ Their desire for approval and validation results in leaning toward a “doing” kind of Christianity, either Social Activism, Church programs, or Christian Parachurch organizations, without the Gift or Call.
- ❑ Living the Spiritual Life does not gain them the recognition they desire, so they must perform for God and Christians.

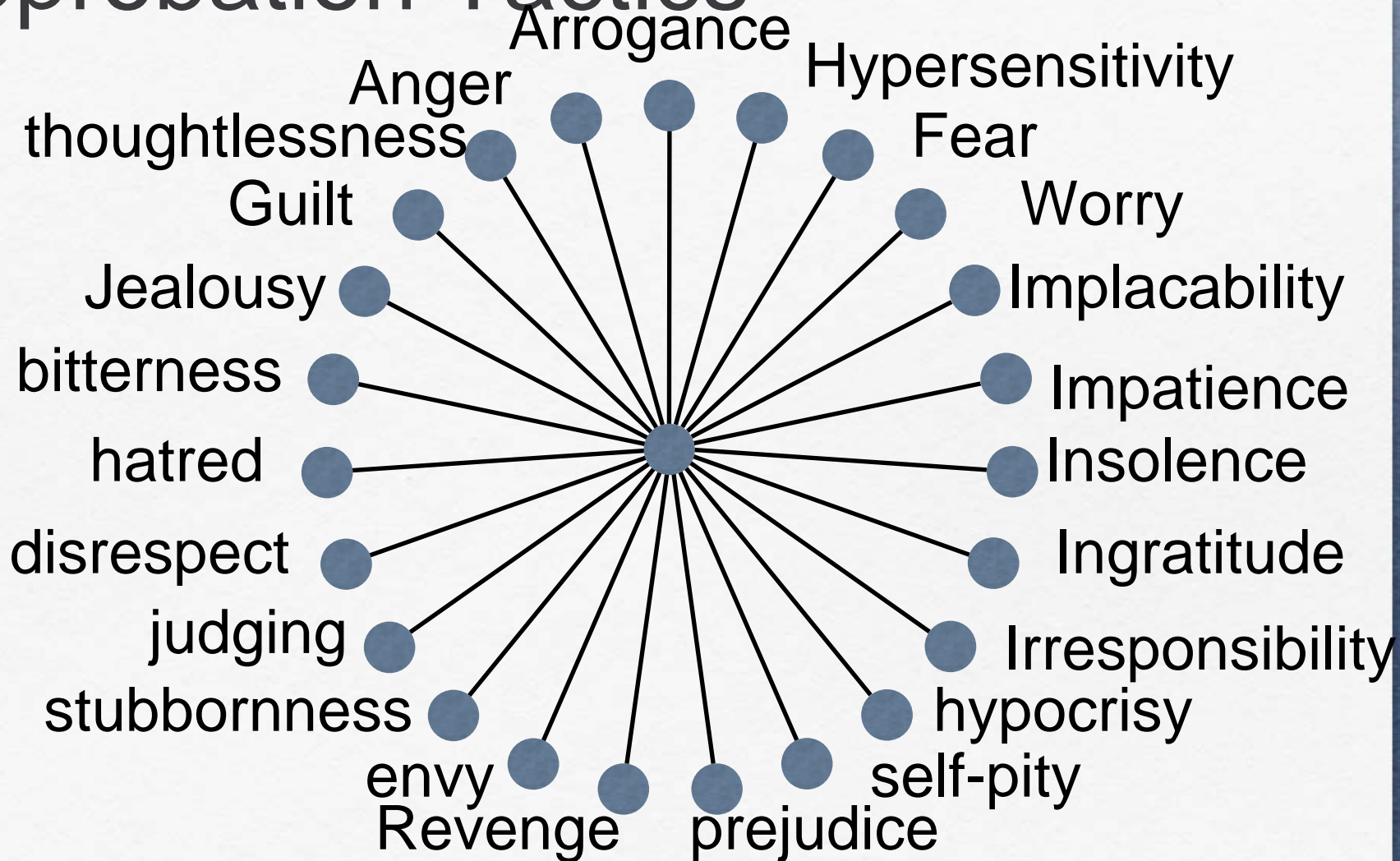
Approbation Motivation & Christian Service

- Phil. 2:13-14 - For God [Holy Spirit] works in you, both to will and to do His good pleasure.
- [And, The Christian Service Approbation Motivation Checklist:]
- Do all things without complaining [whining, fault-finding, grumbling, dissatisfaction, murmuring, griping, irritation] or strife [disputing, arguing, controversy, quarreling].

Approbation Motivation

- Human Achievement Motivator: Approbation
- HATS: Human Achievement Tactics and Strategies:
- Strategy: Attain happiness by means of approval and popularity among a selected population.
- Tactic: Approbation has at least 23 Tactics

Approbation Tactics



Resisting Temptation

- 1. Knowing the mechanics of temptation.
- 2. Identifying Temptation when it happens, by knowing HAM's and HATS.
- 3. The capability of Resisting through Biblical Alternative Thinking Skills (BATS).

10 Steps to Temptation

The 3 Arenas

- John 2: 16
- 16 For all that is in the world, the bodily desires and the desire for what one sees and the boastful pride of life, is not from the Father, but is from the world.

10 Steps to Temptation

The 3 Arenas

- Bodily Desires:
- HAM Patterns:
 - Sexual Lust
 - Chemical Lust

10 Steps to Temptation

The 3 Arenas

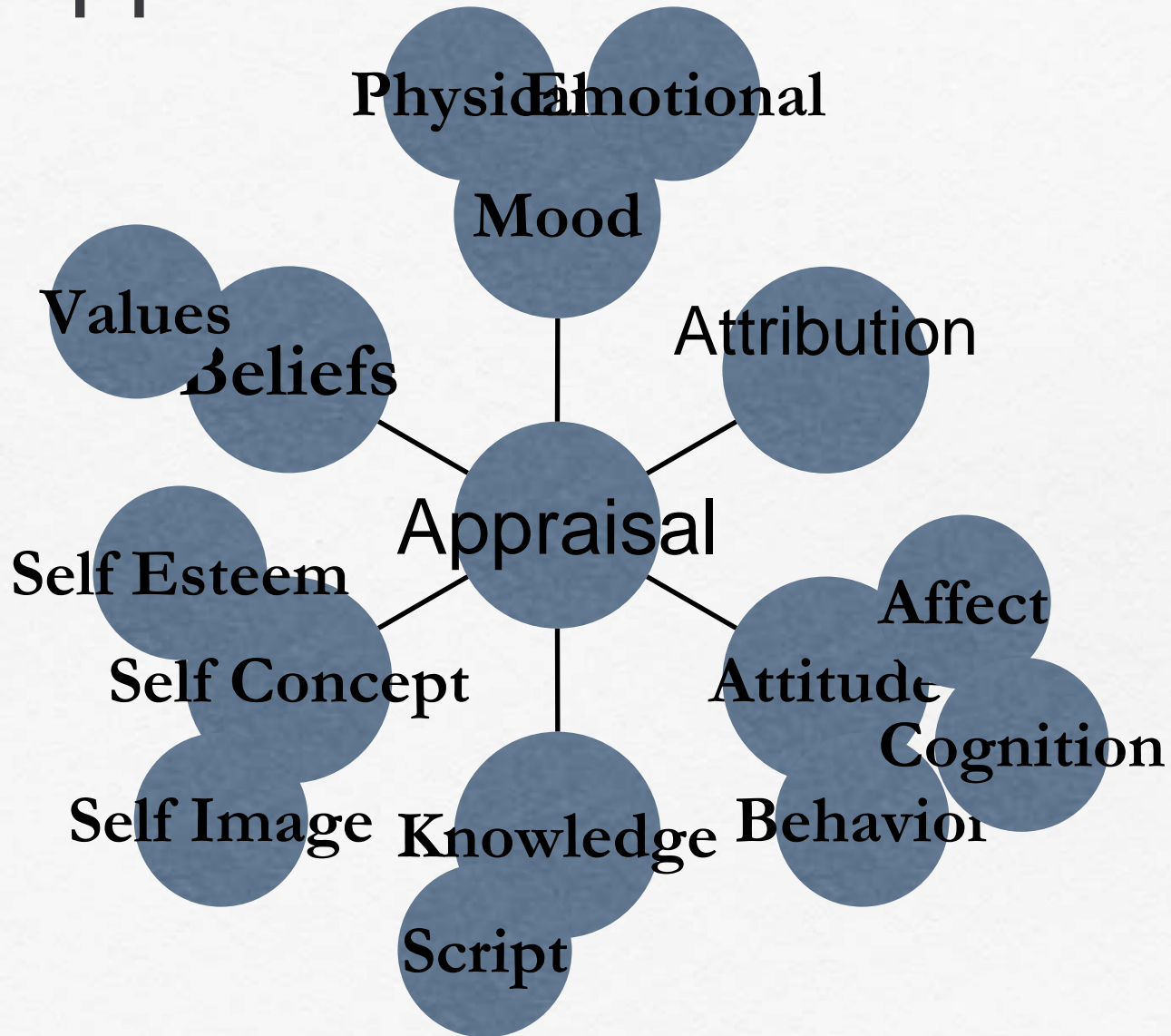
- Desire For What I See:
- HAM Pattern:
 - Materialism

10 Steps to Temptation

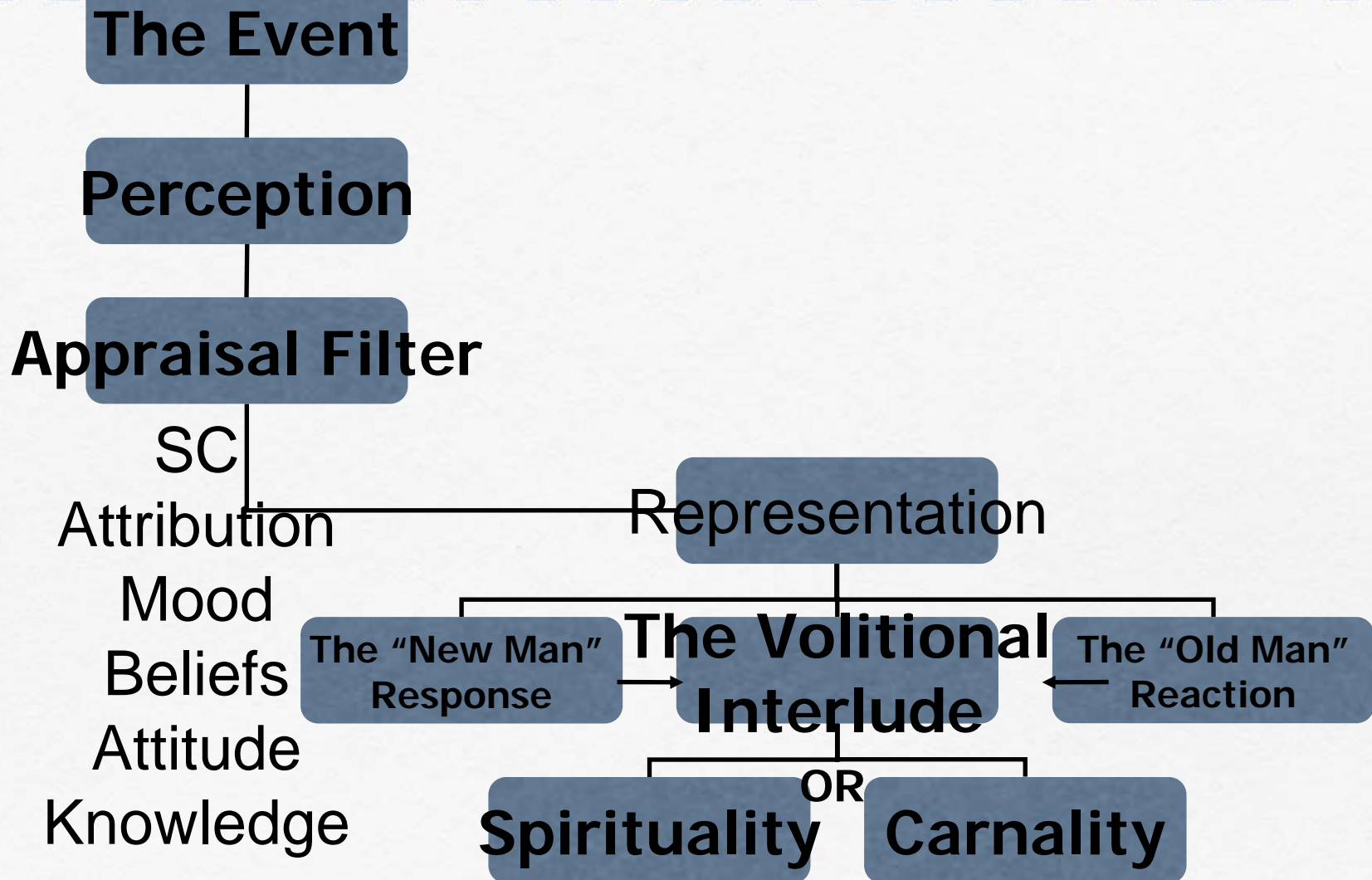
The 3 Arenas

- Pride of Life:
- HAM Patterns:
 - Approbation
 - Power
 - Religion

The Appraisal Filters



The Sequence of Temptation



Galatians 5:19-21

- ***Societal sins (vv. 20–21)***

- Enmities, quarrels, hatred (Gr. *echthrai*, hostilities)
- Strife, discord, variance (Gr. *eris*, antagonism)
- Jealousy, envy, emulation (Gr. *zelos*, self-centered animosity)

Approbation Tactics

Galatians 5:19-21

- ***Societal sins (vv. 20–21)***

- Outbursts of anger, fits of rage, wrath (Gr. ***thumoi***, temper eruptions)

- Disputes, strife, factions, selfishness, selfish ambition (Gr. ***eritheiai***, putting others down to get ahead)

- Dissensions, divisions, seditions (Gr. ***dichostasiai***, disputes over issues or personalities)

Galatians 5:19-21

- ***Societal sins (vv. 20–21)***

- Factions, heresies, party spirit (Gr. ***haireseis***, divisions over issues or personalities)

Approbation Tactics

- Envyings, jealousies (Gr. ***phthonoi***, wrong desires to have another's possessions)

Approbation Tactic: #1 Hypersensitivity

- ❑ No matter the Selfism Evaluation of my “Ideal Self”, it will always be subject to Hypersensitivity.
- ❑ Instead of being sensitive (thinking of others), Selfism is hypersensitive, (thinking only of ourselves).
- ❑ Hypersensitive people are arrogant, insecure, and very defensive.

Approbation Tactics: Fear

- In Approbation Motivation, Fear is used as a defensive mechanism to protect us from injurious self-concept intrusions.
- It manifests itself in worry, apprehension, dread, anxiety, trepidation and foreboding.
- Fear is something that, if not controlled, continues to develop in your soul until you become a complete loser with no capacity in any area of life.

Fear

- *Merriam - Webster's Collegiate Dictionary*
- fear noun
- [Middle English fer, from Old English
- (12th century)
- 1 a : an unpleasant often strong emotion caused by anticipation or awareness of danger
- 1 b (1) : an instance of this emotion
- (2) : a state marked by this emotion

Fear

- **synonymy** fear: dread, fright, alarm, panic, terror, trepidation mean painful agitation in the presence or anticipation of danger.
- fear is the most general term and implies anxiety and usually loss of courage “fear of the unknown”.
- dread usually adds the idea of intense reluctance to face or meet a person or situation and suggests aversion as well as anxiety “faced the meeting with dread”;

Fear

- fright implies the shock of sudden, startling fear “fright at being awakened suddenly”.
- alarm suggests a sudden and intense awareness of immediate danger “view the situation with alarm”.
- panic implies unreasoning and overmastering fear causing hysterical activity “the news caused widespread panic”.

Fear

- ❑ terror implies the most extreme degree of fear “immobilized with terror”.
- ❑ trepidation adds to dread the implications of timidity, trembling, and hesitation “raised the subject with trepidation

Fear and Worry

- Fear is one of the emotions that is responsive to both the “Autoappraiser” and the “Reflective Appraiser”.
- The Autoappraiser is the instant awareness and protective mechanism designed to protect us from injury.
- The Reflective Appraiser is the conscious thought process that leads to decision, but also can result in an emotion such as Worry.

Fear and Worry

- Worry is what Reflective Appraising Fear does.
- What you fear is what you worry about.

Fear and Worry

- Phi 4:6 "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."
- The Greek word "merimnate" means to be anxious, unduly or overly concerned, to worry or be nervous or troubled. This verse tells us that we are to be that way over nothing. As we keep moving we cannot be worried or overly concerned about the things of this life.

Fear and Worry

- We should translate this in current day English, "Stop worrying about anything or stop worrying about a thing"
- Proper English would be, "Stop worrying about anything," but the literal translation of the Greek says "have anxiety about nothing."

Fear and Worry

- 1. Worry is a mental attitude sin, which is self-induced and therefore soulish torment or anxiety regarding anything in life.
- As we have seen many times, adversity is inevitable, stress is optional.

Fear and Worry

- ❑ 2. Worry is a distressing and painful state of mind involving undue concern over something in life.
- ❑ Worry separates the believer from his inner resources of grace and cuts off the reception of divine logistics.
- ❑ You are out of fellowship with God, outside of the Pre-Designed Plan of God

Fear and Worry

- The problem is simply that worry manifests failure to use the faith rest technique.
- 3. Worry always envisions the worst, and then brings apprehension, anticipation of danger, misfortune, trouble, or uncertainty.

Fear and Worry

- 4. Worry is a state of restlessness and agitation that produces mental disturbance, uneasiness, anxiety, and a painful uncertainty.
- 5. Worry is a destroyer of the soul. If unchecked, it results in mental illness.
- Worry in the mind causes shock to the body, Pro 12:25 "Anxiety in the heart of a man weighs it down, but a good word makes it glad."

Fear and Worry

- ❑ 6. Worry is a satanic device to lead the believer into reversionism and the sin unto death, Eze 4:15?17, 12:18?19.
- ❑ Worry is a great weapon in the hands of Satan because the forces of evil take over the soul as a result of worry.
- ❑ Worry makes you vulnerable to the enemies attack in no man's land.

Fear and Worry

- ❑ Worry short circuits the Faith Rest technique and causes the believer to be pinned down in no man's land.
- ❑ If a believer gets pinned down too long in no man's land they move into reversionism.