

Worry BATS

- Phi 4:6 "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."
- The Greek word means to be anxious, unduly or overly concerned, to worry or be nervous or troubled.
- This verse tells us that we are to be that way over nothing. As we keep moving we cannot be worried or overly concerned about the things of this life.

Fear and Worry

- 1. Worry is a mental attitude sin, which is self-induced and therefore soulish torment or anxiety regarding anything in life.
- As we have seen many times, adversity is inevitable, stress is optional.

Fear and Worry

- Worry short circuits the Faith Rest technique and causes the believer to be pinned down in no man's land.
- If a believer gets pinned down too long in no man's land they move into Reversionism.

Faith-Rest Vs Fear and Worry

- Definition and description.
- Faith is a system of thinking common to all mankind (Mt.3:9 "and do not think that you can say to yourselves, 'we have Abraham for our father'"; the reversionistic unbeliever's faith is in an erroneous view of salvation, cp. Jn.5:39).

- **Faith-Rest Vs Fear and Worry**
Faith is the only non-meritorious mode of thinking and is, therefore, chosen by God as the means of response to His plan, Phases 1 and 2 (Rom.3:27 "where then is boasting? It is excluded. By what kind of law? Of works? No, but by [the] law of faith [di,a nomou. piste,wj, dia nomou pisteos]"; cp. Rom.4:14; Col.2:12 "through faith in the working of God"; 1Tim.1:4).

- # Faith-Rest Vs Fear and Worry
- Faith is one of three systems of perception, along with rationalism (Rom.2:3; Prov.14:12 "there is a way which seems right") and empiricism (2Cor.5:7 "for we walk by faith, not by sight"; 2Cor.4:18).
 - Faith is the most basic system of perception (Mk.9:42 "these little ones who believe"; cp. Mk.9:36).

Faith-Rest Vs Fear and Worry

- Faith is the only system equally accessible to all men and compatible with grace (Rom.4:16; 5:2; Eph.2:8,9).

Faith-Rest Vs Fear and

- The efficacy of faith ^{Worry} resides in its object (1Cor.2:5 "that your faith should not rest on the wisdom of men [human viewpoint rationalism], but on the power of God [sanctifying power based on response to doctrine]"; 1Cor.15:14 "and if Christ has not been raised, then our preaching is in vain, your faith also is vain"; 1Cor.15:17; cp. Mt.24:23,26 "do not believe [false Messiah reports]"; 2Thess.2:11 "that they might believe the lie"; 1Jn.4:1 "do not believe every spirit"; cp. Jn.6:29 "This is the work of God, that you believe in Him whom He has sent"; Acts.4:12; 16:31).

Faith-Rest Vs Fear and Worry

- Faith has a two-fold application in the experience of the individual.
- Inhale faith, or faith at the point of initial perception (Gal.3:2,5 "hearing with faith"; cp. Rom.10:17 "So faith comes from hearing and hearing by the word of Christ").

Faith-Rest Vs Fear and Worry

- Exhale faith, or faith at the point of applying what was initially believed, also called Faith-Rest (Mt.21:22 "And everything you ask in prayer, believing, you shall receive");
- Heb.11:6 "And without faith it is impossible to please Him, for He who comes to God must believe that He is, and that He is a rewarder of those who seek Him").

Faith-Rest Vs Fear and

WORRY

- Five uses of faith in the Bible.
- A. Misplaced faith, as in 2Thess.2:11; 1Jn.4:1.
- B. Saving faith (Jn.3:15-18,36; 1Jn.5:1).
- C. Inhale faith (Heb.4:2).
- D. Exhale faith (Mk.9:24 "I do believe; help my unbelief"; Lk.8:50 "Do not be afraid any longer; only believe").
- E. Bible Doctrine as the object of faith in Ph2 (Eph.4:5 "one faith"; 2Thess.3:2 "not all have faith"; 1Tim.1:2 "child in the faith"; 1Tim.4:1 "depart from the faith").

Faith-Rest Vs Fear and Worry

- Faith is classified as a basic doctrine (Heb.6:1 "Therefore leaving the elementary teaching about Christ, let us press on to maturity, not laying again a foundation of repentance from dead works and of faith toward God").

Faith-Rest Vs Fear and

- Phase 1 is Salvation ~~by Faith~~

- *"But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name"; Jn.3:15-*

Faith is a DECISION!
18,36; 6:40,69; 7:38,39; Acts.11:17,22.19;
24:24; Rom.3:22; 4:5; 10:11,14; Gal.3:22;

Phil.1:29; 1Tim.1:16; 3:16; 1Pet.2:6; 1Jn.3:23

"And this is His commandment, that we believe in the name of His Son Jesus Christ";

1Jn.5:1,5; 5:3; cp. Jn.20:31).

- It is called obedience in Jn.3:36; Acts.6:7;

Rom.1:5.

Faith-Rest Vs Fear and Worry

- Phase 2 faith.
- Bible Doctrine is the object (Heb.4:2 "the word they heard did not profit them, because it was not mixed together with faith in those who heard"; Eph.3:17 "so that Christ [cp. 4:20] might dwell in your hearts through faith"; Col.1:23 "if indeed you continue in the faith").

Faith-Rest Vs Fear and Worry

- The body of doctrine is, therefore, called "the faith" (Eph.4:5 "one faith"; Eph.4:13; 6:16 "the shield of faith"; 1Tim.1:2,19; 3:9,13 "the faith that is in Christ Jesus"; cp. 2Tim.1:13 "the faith...in Christ"), or doctrine as the mind of Christ (2Tim.4:1,6; 5:8,12; 6:10,21; 2Tim.3:8; 4:7; Ti.1:4,13; 2:2; Philm.6; Jd.3,20).

Faith-Rest Vs Fear and Worry

- We are expected to grow in faith (2Cor.1:24; 5:7; 10:15; Col.1:23; 2:5,7; 2Thess.1:3).
- The mustard seed analogy teaches this (Lk.17:5,6; cp. Mk.11:22,23).
- Few believers pursue Phase 2 faith to maturity (Lk.17:11-19).
- PROTOTYPE Faith is a product of the filling of the Holy Spirit (Gal.5:22).

Faith-Rest Vs Fear and Worry

- Jesus praised or rebuked the presence or absence of faith.
- Praise: Mt.8:10 - the centurion; Mt.15:28 - the Canaanite woman.
- Rebuke: Mk.4:40; Lk.24:25 "O foolish men and slow of heart to believe in all that the prophets have spoken".

Faith-Rest Vs Fear and Worry

- As we saw in our earlier study of the Reservoir of Righteousness, God's righteousness is known by faith (Rom.1:17 "the righteousness of God is revealed from faith [saving] to faith [Phase 2]; as it is written, 'But the righteous man shall live by faith'").

Faith-Rest Vs Fear and Worry

- Our faith is tested (Jam.1:3; 1Pet.1:7).
- It is rewarded (Heb.6:22; 1Pet.1:9).
- Abraham is the pattern (Rom.4:16-22; Jam.2:21-23).
- The Faith-Rest of others is a source of encouragement (Rom.1:12; 1Thess.3:2,7; Col.1:4; 2:5; Philm.5).

Faith-Rest Vs Fear and Worry

- Faith and love (FHS).
- Faith to move mountains, minus love, is worthless (1Cor.13:2).
- Faith should operate through love (Gal.5:6).
- Those who are stronger in faith should not cause the weak to stumble (Rom.14:1,22,23).

Faith-Rest Vs Fear and Worry

- Faith and production.
- Faith minus production is vain (Jam.2:14-26).
- God evaluates the local church in this regard (1Thess.1:3; 2Thess.1:11; Rev.2:13,19).

Faith-Rest Vs Fear and Worry

- Faith and Phase 3.
- Few are oriented eschatologically (Lk.18:8).
- We Faith-Rest our future (Gal.5:5).
- Faith will not be an issue in heaven (1Cor.13:12,13).

Faith-Rest Vs Fear and

- Prayer and faith. **Worry**
- Faith is a key to answered prayer (Mt.21:22; Mk.11:24; Jam.5:15).
- Pray for doctrine as the muscle of faith (Jam.1:5,6).
- Hab.2:4 "*Behold, as for the proud one, his soul is not right within him; but the righteous will live by his faith.*"
- Heb.11:6 "*And without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who seek Him.*"

Faith-Rest Vs Fear and Worry

- Faith-Rest Drill
- Definition: A three-step plan of God to provide the believer with the capacity to gain control of himself in personal crisis situations.
- Scripture:
- Hebrews 4:1-3
- 1 Therefore, let us fear lest, while a promise remains of entering His rest, any one of you should seem to have come short of it.

Faith-Rest Vs Fear and Worry

- 2 For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.
- 3 For we who have believed enter that rest, just as He has said, "As I swore in My wrath, they shall not enter My rest," although His works were finished from the foundation of the world. (NAS)

Faith-Rest Vs Fear and Worry

- Problem Solved: Solves the problems of fear, worry, panic and anxiety associated with life after salvation.

Faith-Rest Vs Fear and

- Formula for gaining control of self during a crisis:
 1. Claim a pertinent promise to stabilize the mentality for thinking.
 2. Reverse concentration away from the problem and toward doctrine resident in the soul and develop a doctrinal rationale that shows God's viewpoint of your situation.
 3. Draw a doctrinal conclusion that enables you to seize control of yourself and enter the spiritual rest that God has provided for you no matter what your circumstances. THIS IS

FAITH-REST!!

Approbation HAT 3: Implacability

- Implacability
- Definition - Not placable, not easily placated, soothed, or mollified; not tolerant ; not willing to be appeased, pacified, or mitigated; unforgiving.

Approbation HAT 3: Implacability

- We are commanded by our Lord to forgive others:
- Col 3:13 - Bearing one another and forgiving each other. Whoever has a complaint against anyone else, just as the Lord forgave you, so also you should forgive others.

Approbation HAT 3: Implacability

- Eph 4:32 - Be kind to one another, tender-hearted, forgiving each other just as God in Christ has also forgiven you.
- Matt 6:14-15 - For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.

Approbation HAT 3:

Implacability

- Matt 18:21-22 - Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother when he sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but up to seventy times seven (490 times).
- James 2:13 – For judgment will be merciless to one who has shown no mercy; mercy triumphs over judgment.

Approbation HAT 3:

Implacability

- Implacability is a form of taking revenge.
- It is an effort to make someone suffer for what they have done to you.
- It is a violation of Rom. 12:19 – Never take your own revenge, beloved, but leave room for the wrath of God, for it is written, “Vengeance is mine, I will repay, says the Lord.”

Approbation HAT 3: Implacability

- We should always have unconditional love towards others and be eager to forgive them, but there are times when relationships cannot be mended until the person who is responsible for offending someone takes responsibility for it and seeks forgiveness, Matt. 18:15-35.

Approbation HAT 3:

- Can you forgive someone who doesn't want forgiveness?
- You can and should love them unconditionally with no MAS directed towards them.
- But unsolicited forgiveness STATEMENTS gives them the idea that no wrong or harm was done in the first place.

Approbation HAT 3: Implacability

- It fosters the notion that there are no consequences for one's actions.
- We cannot regain fellowship with God until we acknowledge our sins to Him, nor can we regain fellowship with others until we acknowledge our sin or wrongdoing before those that we have offended.

Approbation HAT 4: Impatience

- Impatience
- Definition - a restlessness of spirit, irritation and shortness of temper when delayed; to be anxious and or intolerant.; not bearing pain with composure.
- We are commanded to have patience:

Approbation HAT 4: Impatience

- 1Thes 5:12-14 - Now we ask you, brothers, to respect those (pastor-teachers) who work hard among you, who are over you in the Lord and who admonish you. Hold them in the highest regard in love because of their work. Live in peace with each other.

Approbation HAT 4: Impatience

- And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient (MAKROTHUMEO μακροθυμέω; pam 2p; long suffering, from MAKROS, “long,” and THUMOS, “temper;” is usually rendered longsuffering or patient; to keep on bearing) with everyone.

Approbation HAT 4: Impatience

- James 5:7-8 - Be patient, then, brothers, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop and how patient he is for the autumn and spring rains. You too, be patient and stand firm, because the Lord's coming is near. PATIENCE (HUPOMONE ὑπομονή lit., an abiding under from HUPO, "under," and MENO, "to abide"), is almost invariably rendered patience.

Approbation HAT 4: Impatience

- Rom 12:10-12 - Be devoted to one another in brotherly love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer.

Approbation HAT 4: Impatience

- The first thing mentioned about love in the famous description given in I Cor. 13:4-8 is, guess what?
- Patience! Love is patient, love is kind, and is not jealous . . .

Approbation HAT 4: Impatience

- We have a great need for patience.
- Heb 10:35-36 - Don't throw away your confidence (in Bible Doc. as something worthless, like trash), which hath great recompence of reward. For you need patience, that, after ye have done the will of God, ye might receive the promise.

Approbation HAT 4:

Impatience

- We must acquire patience if we are to grow to spiritual maturity because it is a very necessary part of developing the character of Christ.
- James 1:2-4 - Count it all joy, my brethren, when you fall into manifold temptations (trials),
Knowing that the proving of your faith works patience. And let patience have its perfect work, that you may be perfect (mature) and entire (complete), lacking in nothing.

Approbation HAT 4: Impatience

- Love is Patient.
- Patience is required for Maturity,
- Mature Love casts out Fear.